

## CURRICULUM VITAE

### Jodi Dworkin

Department of Family Social Science  
University of Minnesota  
290 McNeal Hall  
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St. Paul, MN 55108  
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### Academic Rank

Professor in Department of Family Social Science

### Education

| Degree | Institution   | Date Degree Granted |
|--------|---|---------------------|
| B.S.   | Allegheny College<br>Meadville, PA  | 1997                |
| M.S.   | University of Illinois, Urbana-Champaign<br>Human Development and Family Studies  | 1999                |
| Ph.D.  | University of Illinois, Urbana-Champaign<br>Human Development and Family Studies<br>Advisors: Reed Larson, Ph.D. & Aaron Ebata, Ph.D. | 2002                |

### Positions/Employment

|   |                           |
|---|---------------------------|
| University of Minnesota, Twin Cities (2002 – present) |                           |
| Professor   | 2017 - present            |
| Associate Department Head                             | 2015 – 2018, 2022-present |
| Interim Director of Graduate Studies                  | Sept. 2020-Jan. 2021      |
| Interim Department Head                               | 2018 - 2020               |
| Director of Graduate Studies                          | 2013 - 2016               |
| Associate Professor                                   | 2008 - 2017               |
| Assistant Professor                                   | 2002 – 2008               |

### Current Membership in Professional Organizations

National Council on Family Relations, Society for Research on Adolescence, Society for the Study of Emerging Adulthood

## HONORS AND AWARDS FOR RESEARCH/CREATIVE WORK, TEACHING, PUBLIC ENGAGEMENT, AND SERVICE

***University of Minnesota***

- 2013 Council of Graduate Students Outstanding Faculty Award  
 2006 College of Human Ecology Award for Innovation and Mission  
 Advancement, University of Minnesota  
 2005 College of Human Ecology New Career Excellence Award, University of  
 Minnesota

***External Sources***

- 2022 National Council on Family Relations Fellow  
 2008 National Extension Association of Family & Consumer Sciences Florence  
 Hall Award, First Place, Central Region  
 2008 National Extension Association of Family & Consumer Sciences Florence  
 Hall Award, State Winner, Minnesota Affiliate  
 2007 National Extension Association of Family & Consumer Sciences Internet  
 Education Technology Award, Second Place, National  
 2007 National Extension Association of Family & Consumer Sciences Internet  
 Education Technology Award, First Place, Central Region  
 2006 National Family Life Extension Specialists Early Achievement Award  
 2006 Innovations in Student Development Award, Minnesota College Personnel  
 Association  
 2006 National Extension Association of Family & Consumer Sciences  
 Educational Technology Award, 1<sup>st</sup> place winner. Collaborative team  
 member for: *Take and Teach Lessons for a Parent or Parents and Teens  
 Together Group* including, Bullying, Peer Relationships and Decision  
 Making about Risky Behavior  
 2006 Minnesota Extension Association of Family & Consumer Sciences  
 Educational Technology Award, 1<sup>st</sup> place winner. Collaborative team  
 member for: *Take and Teach Lessons for a Parent or Parents and Teens  
 Together Group* including, Bullying, Peer Relationships and Decision  
 Making about Risky Behavior

**RESEARCH, SCHOLARSHIP, AND CREATIVE WORK****Grants and Contracts****External Sources*****Received at the University of Minnesota***

*Gen Z and Mail Across America (Phase II-IV)*. United States Postal Service, Office of  
 the Inspector General, \$69,701, Principal Investigator (15% effort). September 2019-  
 January 2020. [contract]

*Gen Z and Mill Across America (Phase I)*. United States Postal Service, Office of the Inspector General, \$9,070.14, Principal Investigator. May 2019- August 2019. [contract]

*University of Minnesota-Tennessee State University Sustainable Communities Project*, USDA Children, Youth and Families at Risk (CYFAR), 2014-2019, \$1,326,000 (Jodi Dworkin, PI & Lynne Border, co-PI).

*U Connect: Universities Connecting with Young People for Educational Success, A Multi-State Collaborative*, 2015-2019, \$6,500 (subcontract to serve as evaluator).

*Military REACH: Supporting Military Families Through Research and Outreach (DoDIII)*, United States Department of Agriculture – National Institute of Food and Agriculture/ Department of Defense Military Extension Partnership, 9/01/13 - 08/31/15, \$900,000.00. Collaborator (PI: Lynne Borden; 10% of my time).

*Military REACH: Supporting Military Families Through Research and Outreach (DoDI)*, United States Department of Agriculture – National Institute of Food and Agriculture/ Department of Defense Military Extension Partnership, 07/01/13 - 09/30/13, \$42,000. Collaborator (PI: Lynne Borden; 5% of my time).

*Teen Talk: A Survival Guide for Parents of Teenagers*, American Legion Child Welfare Foundation, January 2006-April 2007, \$16,200, Principal Investigator. To deliver and evaluate newsletters on parent-teen communication with parents of 7<sup>th</sup> and 8<sup>th</sup> graders across five states and 34 schools.

*The Minnesota Healthy Marriage and Responsible Fatherhood Initiative*, Minnesota Department of Human Services/Administration for Children and Families, U.S. Department of Health and Human Services, July 1, 2004 – June 30, 2009, \$1,500,000, Co-investigator (5% of my time; William Doherty, PI).

#### ***Additional Grant Funding Received***

*Minnesota Student Council on Family Relations*, National Council on Family Relations Affiliate Council Start-up Grant, January 2003, \$500.

#### ***Teaching/Learning Grants Funded***

*First Year Seminar for Parents: Alcohol Use on Campus & Student Finances*, Minnesota Internet System for Education and Employment Knowledge (ISEEK), January 2007-December 2007, \$20,540, Co-investigator (Jodi Dworkin & Marjorie Savage, Co-investigators).

*First Year Seminar for Parents: Alcohol Use on Campus*, Minnesota Internet System for Education and Employment Knowledge (ISEEK), August 2005-May 2006, \$21,690, Co-investigator (Jodi Dworkin & Marjorie Savage, Co-investigators).

*University Parent Pilot Program*, TCF Bank, September 2004 – December 2004, \$3,000, Co-investigator (Marjorie Savage, PI).

*Tips for Families*, National Council on Family Relations, June, 2003-May, 2004, \$12,020, Principal Investigator. To support a graduate student to redesign the Tips for Families web site and establish a process for peer review of information to be included on the site.

## University Sources

### ***Completed Contract***

*Foster youth and social media*. Funded by the Child Welfare Title IV-E MSW grant, School of Social Work, University of Minnesota via the Minnesota Department of Human Services; Child Safety and Permanency Division, 2018-2020, \$37,490. Traci LaLiberte, Principal Investigator. (Subcontractor)

### ***Completed Grants***

*Disrupting the narrative: Creating healthy developmental trajectories through family school partnerships*. College of Education and Human Development Jump Start Grant, University of Minnesota. February 1, 2021- April 30, 2022, \$25,000 (with \$25,000 match). Jodi Dworkin, Principal Investigator.

*Money and your Life: Nutrition for Teens*, Cooperative Extension, 2015-2016, \$100,000 (Co-PI, Joyce Serido, PI).

*Exploring parents' use of the Internet for parenting*, Minnesota Agricultural Experiment Station Investment Funds, 2012-2014, \$16,434, Principal Investigator.

*What are they doing online? Exploring youths' and parents' use of the Internet for family communication*, College of Education and Human Development (University of Minnesota) Investment Funds, 2010-2011, \$16,109, Principal Investigator.

*What are they doing online? Exploring parents use of the Internet*, Minnesota Agricultural Experiment Station, Human Ecology Research Funds, 2009-2011, \$79,000, Principal Investigator.

*Adolescent and Young Adult Health-Related Behaviors and Family Development*. University of Minnesota Faculty Summer Research Fellowship, June 2005-August 2005, \$5,000, Principal Investigator.

*Distinguishing Between Functional Experimentation and Dangerous Risk-Taking*, University of Minnesota Grant-in-Aid of Research, Artistry and Scholarship, January 1, 2003 – June 30, 2004, \$30,219, Principal Investigator.

## **Publications**

Asterisks indicate (\*) graduate student co-authors.

### ***Refereed Journal Articles [impact factor, five-year impact factor if available]***

\*Keyzers, A., & Dworkin, J. (in press). Parental approval, active mediation, and adolescent online social behavior: Differences by parent-child gender pairs. *Journal of Comparative Family Studies*.

\*Dworkin, J., Sun, X., LeBouef, S., & Keyzers, A. (2023). Associations among parent technology use, locus of control, and child problem behaviors. *Family Relations*, 72(2), 443-457. <https://doi.org/10.1111/fare.12811>

\*Dworkin, J., Cai, Q., LeBouef, S., & Hruska, E. (2023). College family coping and disruptions during COVID-19: A consideration of the ABC-X model of family stress. *Journal of Comparative Family Studies*, 53(4), 502-522. <https://doi.org/10.3138/jcfs.53.4.040>

\*Lee, S-K., & Dworkin, J. (2022). Multiple channels of communication: Association of emerging adults' communication patterns, well-being, and parenting. *Emerging Adulthood*. doi:[10.1177/21676968211067614](https://doi.org/10.1177/21676968211067614) [1.560, 3.315]

\*Cai, Q., LeBouef, S., Savage, M., & Dworkin, J. (2022). What happened when COVID-19 shut down in-person higher education? Parents speak out. *About Campus: Enriching the Student Learning Experience*, 26(6), 26-34. <https://doi.org/10.1177/10864822221082695>

\*LeBouef, S., & Dworkin, J. (2021). Siblings as a context for positive development: Closeness, communication, and well-being. *Adolescents*, 1(3), 283-293. <https://doi.org/10.3390/adolescents1030021>

\*LeBouef, S., & Dworkin, J. (2021). First-generation college students and family support: A critical review of empirical research literature. *Educational Sciences*, 11, 294-314. <https://doi.org/10.3390/educsci11060294>

\*Timmons, J., & Dworkin, J. (2020). A literature review of family engagement with African immigrant and refugee families. *Journal of Human Sciences and Extension*, 8(2), 186-200. Retrieved from <https://www.jhseonline.com/article/view/1017>

- \*Holmgren, H., Dworkin, J., & Keyzers, A. (2020). Associations between cyber victimization and well-being in emerging adulthood. *Cyberpsychology, Behavior, and Social Networking*, 23(8), 571-575. doi: 10.1089/cyber.2019.0733 [2.347]
- \*Brar, P., Dworkin, J., & Brady, S. (2020). Adolescent women's sexual self-efficacy: Associations with personal and perceived partner beliefs that condoms interfere with pleasure. *American Journal of Sexuality Education*, 15(3), 336-356. doi: <https://doi.org/10.1080/15546128.2020.1763882> [.720]
- \*Keyzers, A., Lee, S., & Dworkin, J. (2020). Peer pressure and substance use in emerging adulthood: A latent class analysis. *Substance Use and Misuse*, 55(10), 1716-1723. doi: <https://doi.org/10.1080/10826084.2020.1759642> [1.132]
- \*Dworkin, J., Hessel, H., & LeBouef, S. (2019). The use of communication technology in the context of adolescent and family development: An integration of family and media theories. *Journal of Family Theory & Review*, 11(4), 510-523. <https://doi.org/10.1111/jftr.12350> [2.804]
- \*Gliske, K., Dworkin, J., Keyzers, A., & Jang, J. (2019). Exploring the associations between substance use and online risk-taking among college students. *Journal of Substance Use*, 24(2), 156-161. <https://doi.org/10.1080/14659891.2018.1526982> [0.719]
- \*Dworkin, J., Rudi, J., & Hessel, H. (2018). The state of family research and social media. *Journal of Family Theory & Review*, 10(4), 796-813. <https://doi.org/10.1111/jftr.12295> [1.837]
- \*Brar, P., Dworkin, J., & Jang, J. (2018). Association of parenting with sexual attitudes and behaviors of college students in India. *Sexuality and Culture*, 22(4), 1037-1053. [CiteScore=1.10]
- \*Rudi, J., He, Y., Dworkin, J., & Doty, J. (2018). How useful is it? Differences in parents' perceptions of parenting information sources. *Journal of Human Sciences and Extension*, 6(3), 180-199.
- Rudi, J. H., & Dworkin, J. (2018). Parents' and youths' solicitation and disclosure of information in today's digital age. *Journal of Youth Development*, 13(4), 5-28.
- Rudi, J., & Dworkin, J. (2018). Is technology-mediated parental monitoring related to adolescent substance use? *Substance Use & Misuse*, 1-11. <https://doi.org/10.1080/10826084.2017.1408653> [1.132]
- \*Hessel, H. & Dworkin, J. (2017). Emerging adults' use of communication technology with family members: A systematic review. *Adolescent Research Review*. <https://doi.org/10.1007/s40894-017-0064-1>

- \*Jang, J., Hessel, H., & Dworkin, J. (2017). Parental ICT use, social capital, and parenting efficacy. *Computers in Human Behavior*, 71, 395-401. [2.88]
- \*Hessel, H., He, Y., & Dworkin, J. (2017). Paternal monitoring: The relationship between online and in-person solicitation and youth outcomes. *Journal of Youth and Adolescence*, 46(2), 288- 299. [3.562]
- McGuire, J. K., Dworkin, J., Borden, L. M., Perkins, D., & Russell, S. T. (2016). Youth motivations for program participation. *Journal of Youth Development*, 11(3). doi: <http://dx.doi.org/10.5195/jyd.2016.457>
- \*Dworkin, J., Hessel, H., Gliske, K., & Rudi, J. (2016). A comparison of three online recruitment strategies for engaging parents. *Family Relations*, 65(4), 550-561. doi: [10.1111/fare.12206](https://doi.org/10.1111/fare.12206) [0.912, 5 year=1.431]
- \*Dworkin, J., Brar, P., Rudi, J., & Hessel, H. (2016). MTurk 101: An introduction to Amazon Mechanical Turk for Extension professionals. *Journal of Extension*, 54(6). Available: <https://joe.org/joe/2016december/tt5.php> [current acceptance rate 25.5%]
- Dworkin, J., McCann, E., & McGuire, J. (2016). Coparenting in the digital era: Exploring divorced parents' use of technology. *Contemporary Perspectives in Family Research: Divorce, Separation, and Remarriage: The transformation of Family*, 279-298.
- \*Hessel, H., & Dworkin, J., & He, Y. (2016). Paternal monitoring: The relationship between online and in-person solicitation and youth outcomes. *Journal of Youth & Adolescence*. doi:10.1007/s10964-016-0490-6 [3.562, 5 year=3.815]
- \*He, Y., & Dworkin, J. (2015/2016). Cyber Dads: What are fathers doing online? *Fathering*, 13(3), 219-230.
- \*Jang, J., Dworkin, J., & Hessel, H. (2015). Mothers' use of information and communication technologies for information seeking. *Cyberpsychology, behavior and social networking*, 18(4), 221-227. doi: [10.1089/cyber.2014.0533](https://doi.org/10.1089/cyber.2014.0533) [2.182, 5 year=3.121]
- \*He, Y., Gewirtz, A., & Dworkin, J. (2015). Parental emotion socialization in military families. *Child Studies in Asia-Pacific Contexts*, 5(1), 1-19.
- \*Rudi, J. H., Dworkin, J., Walker, S. K., & Doty, J. L. (2015). Parents' use of information and communications technologies for family communication: differences by age of children. *Information, Communication and Society*, 8(1), 78-93. doi: [10.1080/1369118X.2014.934390](https://doi.org/10.1080/1369118X.2014.934390) [1.676, 5 year=1.602]

- \*Rudi, J., Walkner, A., & Dworkin, J. (2015). Adolescent-parent communication in a digital world: Differences by family communication patterns. *Youth & Society*, 47(6), 811-828. [1.722, 5 year=1.970]
- Jang, J., & Dworkin, J. (2014). Does social network site use matter for mothers? Implications for bonding and bridging capital. *Computers in Human Behavior*, 35, 489-495. doi: <http://dx.doi.org/10.1016/j.chb.2014.02.049> [2.694, 5 year=3.624]
- \*Doty, J. L., & Dworkin, J. (2014). Online social support for parents: A critical review. *Marriage & Family Review*, 50(2), 174-198. doi: [10.1080/01494929.2013.834027](http://dx.doi.org/10.1080/01494929.2013.834027)
- \*Rudi, J., & Dworkin, J. (2014). Youth online media use: Associations with youth demographics, parental monitoring, and parent-child relationships. *Journal of Youth Development*, 9(1), 59-70. Available: [https://nae4a.memberclicks.net/assets/documents/jyd/jyd\\_140901.pdf](https://nae4a.memberclicks.net/assets/documents/jyd/jyd_140901.pdf) [current acceptance rate 41%]
- \*Petree, C., & Dworkin, J. (2014). Parent internet use during a child's emerging adulthood: Implications for Extension. *Journal of Extension*, 52(1). Available: <http://www.joe.org/joe/2014february/a8.php> [current acceptance rate 20.2%]
- \* Doty, J., & Dworkin, J. (2014). Parents' of adolescents use of social networking sites. *Computers in Human Behavior*, 33, 349-355. doi: <http://dx.doi.org/10.1016/j.chb.2013.07.012> [2.694, 5 year=3.624]
- \*Dworkin, J., Connell, J., & Doty, J. (2013). A literature review of parents' online behavior. *Cyberpsychology: Journal of Psychosocial Research on Cyberspace*, 7(2). Available: <http://cyberpsychology.eu/view.php?cisloclanku=2013052301&article=2> [current acceptance rate 10%]
- \*Doty, J., Dworkin, J., & Connell, J. (2012). Examining digital differences: Parents' online activities. *Family Science Review*, 17(2), 18-39.
- \* Jang, J., & Dworkin, J. (2012). Mothers' satisfaction with youth out-of-school-time programs. *Journal of Youth Development*, 7(4), 25-36. [current acceptance rate 41%]
- \*Jang, J., & Dworkin, J. (2012). Babycenter.com: New parent behavior in an online community. *The Forum for Family and Consumer Issues*, 17(2). Available: <http://www.ncsu.edu/ffci/publications/2012/v17-n2-2012-summer-fall/index-v17-n2-december-2012.php> [current acceptance rate 85%]
- \*Dever, B. V., Schulenberg, J. E., Dworkin, J. B., O'Malley, P. M., Kloska, D. D., & Bachman, J. G. (2012). Predicting risk-taking with and without substance use: The effects of parental monitoring, school bonding, and sports participation. *Prevention Science*, 13(6), 605-615. [3.153, 5 year=3.724]



\*Connell, J., & Dworkin, J. (2012). College students' information and communications technology (ICT) use with parents. *Journal of the Association of Higher Education Parent/Family Program Professionals*, 2(2), 2-17.

\*Walker, S., Dworkin, J., & Connell, J. (2011). Does quantity matter? Variation in parent use of information technology and social media. *Family and Consumer Sciences Research Journal*, 40, 106-119. [current acceptance rate 17-20%]

\*Doty, J. L., Doty, M. J., & Dworkin, J. (2011). Web-based family life education: Spotlight on user experience. *Journal of Extension*, 49(6). Available: <http://www.joe.org/joe/2011december/tt6.php> [current acceptance rate 20.2%]

\*Dworkin, J., Gonzalez, C., Gengler, C., & Olson, K. (2011). Evaluating newsletters for parents of early adolescents. *Journal of Family and Consumer Sciences*, 103(1), 47-54. [current acceptance rate 60%]

Dworkin, J. (2010). Parents' perceptions of experimentation in college: Students' perspectives. *Journal of the Association of Higher Education Parent/Family Program Professionals*, 1(2), 2-17.

Dworkin, J., & Savage, M. (2010). Home base: Defining the family's role in launching first-year commuter students. *Journal of the Australia and New Zealand Student Services Association*, 36, 39-57.

Dworkin, J., & Savage, M. (2010). What are they talking about? Barriers to parent-college student communication on critical topics. *Journal of the Association of Higher Education Parent/Family Program Professionals*, 1(1).

\*Willoughby, B., & Dworkin, J. (2009). The relationships between emerging adults' expressed desire to marry and frequency of participation in risk-taking behaviors. *Youth & Society*, 40, 426-450. [1.722, 5 year=1.970]

\*Dillon, K., Dworkin, J., Gengler, C., & Olson, K. (2008). Online or face-to-face? A comparison of two methods of training professionals. *Journal of Family & Consumer Sciences*, 100, 28-33. [current acceptance rate 60%]

\*Emil, C., Dworkin, J., & Skelly, C. (2007). Youth Teaching Youth: Evaluation of the Alcohol/Tobacco Decisions cross-age teaching program. *The Forum for Family and Consumer Issues*, 12(2). Available: <http://ncsu.edu/ffci/publications/2007/v12-n2-2007-summer-fall/emil.php> [current acceptance rate 85%]

Dworkin, J., & Larson, R. (2006). Adolescents' negative experiences in organized youth activities. *Journal of Youth Development*, 1(3). Available: <http://www.nae4ha.org/directory/jyd/index.htm> [current acceptance rate 41%]

Marczak, M., Dworkin, J., Skuza, J., & Beyer, J. (2006). What's up? What young teens and parents want from youth programs. *New Directions in Youth Development: Theory, Research, and Practice*, 112, 45-56.

Dworkin, J., & Walker, S. K. (2006). Successfully navigating the Extension job market. *Journal of Family & Consumer Sciences*, 98, 38-40. [current acceptance rate 60%]

\*Senyurekli, A. R., Dworkin, J., & Dickinson, J. (2006). Online professional development for Extension Educators. *Journal of Extension*, 44(3). Available: <http://www.joe.org/joe/2006june/rb1.shtml> [current acceptance rate 20.2%]

\*Dworkin, J., & Lee, C-Y. S. (2005). Individuation revisited: Implications for parent education. *Journal of Extension*, 43(6). Available: <http://www.joe.org/joe/2005december/rb8.shtml> [current acceptance rate 20.2%]

Dworkin, J. (2005). Risk-taking as developmentally appropriate experimentation for college students. *Journal of Adolescent Research*, 20, 219-241. [1.455, 5 year=1.738]

\*Dworkin, J. B., & Karahan, A. (2005). *Parents Forever*: Evaluation of a divorce education curriculum. *Journal of Extension*, 43(1). Available: <http://www.joe.org/joe/2005february/rb6.shtml> [current acceptance rate 20.2%]

\*Dworkin, J., & Bremer, K. L. (2005). "If you want to win, you have to learn to get along:" Youth talk about their participation in extracurricular activities. *School Nurse News*, 22, 35-37. [reprint]

\*Dworkin, J., & Bremer, K. L. (2004). "If you want to win, you have to learn to get along:" Youth talk about their participation in extracurricular activities. *The Prevention Researcher*, 11, 14-16.

Dworkin, J. B., Larson, R., & Hansen, D. (2003). Adolescents' accounts of growth experiences in youth activities. *Journal of Youth and Adolescence*, 32, 17-26. [2.777, 5 year=3.546]

Hansen, D. M., Larson, R. W., & Dworkin, J. B. (2003). What adolescents learn in organized youth activities: A survey of self-reported developmental experiences. *Journal of Research on Adolescence*, 13, 25-55. [1.915, 5 year=3.031]

Dworkin, J. B., & Larson, R. (2001). Age trends in the experience of family discord in single-mother families across adolescence. *Journal of Adolescence*, 24, 529-534. [1.957, 5 year=2.638]

Larson, R., Dworkin, J., & Gillman, S. (2001). Facilitating adolescents' constructive use of time in one-parent families. *Applied Developmental Science, 5*, 143-157. [1.536, 5 year=1.776]

Larson, R., Richards, M., Sims, B., & Dworkin, J. (2001). How urban African American young adolescents spend their time: Time budgets for locations, activities, and companionship. *Journal of Community Psychology, 29*, 565-597. [.667, 5 year=1.388]

Larson, R., Verma, S., & Dworkin, J. (2001). Men's work and family lives in India: The daily organization of time and emotion. *Journal of Family Psychology, 15*, 206-224. [1.713, 5 year=2.583]

### ***Non-refereed Journal Articles, Encyclopedia Entries, or Book Chapters***

\*Savage, M., Dworkin, J., & Vasquez, K. (in press). Pandemic parenting: Parents' role in student success during COVID-19. In C. Self, E. Massengale, & A. Murphy. *Engaging Families in Higher Education: Lessons Learned and Best Practices*. Routledge.

Dworkin, J. (in press). Supporting youth through family engagement: Opportunities for Extension. In M. R. T. de Guzman, & H. Hatton-Bowers. *The Role of the Social Sciences in Extension*. [invited]

\*Dworkin, J., & LeBouef, S. (2019). Family technology use. *Encyclopedia of Families, Marriages, and Intimate Relationships*, vol. 2 (pp. 868-872). [invited]

Dworkin, J. (2018). Survey research. In M. H. Bornstein (Ed.), *The Sage Encyclopedia of Lifespan Human Development* (pp. 2187-2189). Thousand Oaks, CA: Sage. [invited]

Dworkin, J. (2018). Adolescents as the family technology innovators. In J. Van Hook, S. M. McHale, & V. King (Series Eds.), *National Symposium on Family Issues: Vol. 9. Families and Technology* (pp. 23-36). New York: Springer. [invited]

\*Dworkin, J., Walker, S., Rudi, J., & Doty, J. (2015). Parents' use of new media for communication: A consideration of demographic differences. In C. J. Bruess (Ed.), *Family communication in the age of digital and social media* (pp. 408-425). New York: Peter Lang Publishing.

Myers-Walls, J., & Dworkin, J. (2015). Parenting education without borders: Web-based outreach. In J. J. Ponzetti (Ed.), *Evidence-based parenting education: A global perspective* (pp. 123-140). New York: Routledge.

Dworkin, J. (2014). Settings in Family Life Education: Extension. In C. A. Darling, & D. Cassidy. *Family life education: Working with families across the lifespan*. Long Grove, IL: Waveland Press. [contributed section to book chapter]

Dworkin, J. (2006). Risk-taking as developmentally appropriate experimentation for college students. In Milinki, A. K. (Ed.), *A cross section of psychological research: Journal articles for discussion and evaluation* (pp. 182-193). Glendale, CA: Pycszak Publishing. [reprint]

Larson, R., Verma, S., & Dworkin, J. (2003). Adolescence without family disengagement: The daily family lives of Indian middle-class teenagers. In T.S. Saraswathi (Ed.), *Cross-cultural perspectives in human development: Theory, research and applications* (pp. 258-286). New Delhi: Sage.

Larson, R., Verma, S., & Dworkin, J. (2001). Adolescents' family relationships in India: The daily lives of Indian middle-class teenagers. In J. J. Arnett (Ed.), *Readings on adolescence and emerging adulthood* (pp. 133-141). Abington, MA: Prentice Hall.

#### Unpublished Reports

\*Dworkin, J., Vasquez, K., & Savage, M. (2022, February). *COVID-19: College parents speak out (wave 3)*. St. Paul, MN. Available: <https://innovation.umn.edu/college-parent/>

\*Dworkin, J., Cai, Q., & Savage, M. (2021, February). *COVID-19: College parents speak out (wave 2)*. St. Paul, MN. Available: <https://innovation.umn.edu/college-parent/>

\*Dworkin, J., Cai, Q., & Savage, M. (2020, October). *COVID-19: College parents speak out*. St. Paul, MN. Available: <https://innovation.umn.edu/college-parent/>

Alexander, N., Dworkin, J., Gibbons, K., Grier-Reed, T., Marshall, S., Maruyama, G., Mason, A., Pekel, K., Rodriguez, M., Scharber, C., Sweitzer, J., & Varma, K. (2019). *Expanding the vision of Reimagine Minnesota: A collective education roadmap for action*. Minneapolis, MN: University of Minnesota. Available: <https://www.minneapolisfoundation.org/reimagine-2/> [authors are alphabetical]

Dworkin, J., & McGuire, J. (2014). *Exploring technology use among divorced parents*. Available: <http://www.cehd.umn.edu/fsos/projects/parent20/pdf/p20report-dec2014.pdf>

\*Gonzalez, C., & Dworkin, J. (2007). *Teen Talk: A Survival Guide for Parents of Teens, Evaluation Summary*. St. Paul, MN: University of Minnesota Extension Service.

\*Gonzalez, C., & Dworkin, J. (2007). *Teen Talk: A Survival Guide for Parents of Teens, Evaluation Summary for Minnesota*. St. Paul, MN: University of Minnesota Extension Service.

\*Gonzalez, C., & Dworkin, J. (2007). *Teen Talk: A Survival Guide for Parents of Teens, Evaluation Summary for South Dakota*. St. Paul, MN: University of Minnesota Extension Service.

\*Gonzalez, C., & Dworkin, J. (2007). *Teen Talk: A Survival Guide for Parents of Teens, Evaluation Summary for Missouri*. St. Paul, MN: University of Minnesota Extension Service.

\*Dworkin, J., Emil, C., & Stevens, H. (2005). "What's Up" Survey Results. St. Paul, MN: University of Minnesota Extension.

Dworkin, J. (2004). *Statewide needs assessment of professionals serving families with adolescents*. St. Paul, MN: University of Minnesota Extension Service.

McClellan, D., & Dworkin, J. (2001). *Improving child rearing in Illinois: Evaluation of the Parenting the Second & Third Year instructional newsletter series*. Urbana, IL: University of Illinois Extension Service.

### Invited Blog Posts

Dworkin, J. (11 March 2022). *Teen technology use and how COVID has changed it*. Available: <https://extension.umn.edu/family-news/teen-technology-use-and-how-covid-has-changed-it>

Dworkin, J. (15 January 2022). *Teen technology use and how COVID has changed it*. Military Families Learning Network. Available: <https://militaryfamilieslearningnetwork.org/2022/01/15/teen-technology-use-and-how-covid-has-changed-it/>

\*Jang, J., Dworkin, J., & Hessel, H. (27 January 2016). *Where do American mothers seek parenting information online? For what?* Parenting for a Digital Future. The London School of Economics and Political Science. Available: <http://blogs.lse.ac.uk/parenting4digitalfuture/2016/01/27/where-do-us-mothers-go-on-the-internet-to-get-information/>

Dworkin, J. (3 July 2015). *Alcohol awareness: A practical approach for college students and parents*. CEHD Vision 2020 Blog. Available: <http://cehdvision2020.umn.edu/cehd-blog/alcohol-awareness/>

### Presentations, Posters, and Exhibits

Asterisks indicate (\*) graduate student co-authors.

***Invited Presentations at Professional Meetings and Conferences***

Dworkin, J. (2021, November 10). *Family Matters: Supporting students through family engagement*. Invited keynote at closing session for Family Engagement in Higher Education conference.

Dworkin, J. (2021, November). *Technology in Families*: Discussant for TCRM workshop. National Council on Family Relations, online.

\*Dworkin, J., LeBouef, S., & Vasquez, K. [panel participants]. (2021, November). *Transitioning to remote learning. Session: Disrupted domain of emerging adult life: Post pandemic implications and applications*. Invited innovation session, online at the Society for the Study of Emerging Adulthood.

Dworkin, J. [panel participant]. (2020, November). *Going public: Recommendations for engaging in public scholarship, translational research, and advocacy efforts. Topic: Extension*. Invited Panel at National Council on Family Relations, online.

Dworkin, J. [panel participant]. (2019, November). *I have an academic job, now what?* Students and New Professionals Invited Workshop presented at National Council on Family Relations, Fort Worth, Texas.

Dworkin, J. (2017, October). *Adolescents as innovators: Re-conceptualizing technology use in families*. Presentation at the 25<sup>th</sup> Annual National Symposium on Family Issues – Families and Technology, University Park, PA.

Dworkin, J. (2010, November). *Culturally relevant family programs: Teen Talk in Spanish*. Panel participant at the National Extension Family Life Specialists Pre-Conference at the National Council on Family Relations, Minneapolis, MN.

Dworkin, J. (2006, May). *Reframing risk-taking*. Workshop presented at the Minnesota Organization on Adolescent Pregnancy, Prevention and Parenting Annual Conference, Brooklyn Park, MN.

Dworkin, J. (2003, December). *What's the potential? Using research in times of change and stress*. Workshop presented at the Minnesota Council on Family Relations, St. Paul, MN.

***Discussant at Professional Meetings and Conferences***

Dworkin, J. (2020, November). *Family dynamics in the digital world: Qualitative and quantitative analyses of data from interviews, social media, and smartphones*. Symposium Discussant at the National Council on Family Relations, online.

***Contributed Papers Presented at Professional Meetings and Conferences***

\*Dworkin, J., LeBouef, S., Vasquez, K., Park, E., & Driscoll, J. (2023, April). The face behind the screen: Emotional experiences of teens and parents communicating via technology. Paper presented at the Society for Research on Adolescence, San Diego, CA.

\*LeBouef, S., Dworkin, J., Horn, S., Tzenis, J., Cable, J., & Fisher, B. (2023, April). Disrupting the narrative: COVID-19 and family school partnerships – A YPAR project. Paper presented at the Society for Research on Adolescence, San Diego, CA.

\*Cai, Q., Dworkin, J., Hruska, E., Vasquez, K., & LeBouef, S. (2022, November). *The impact of COVID-19 on families and experiences with higher education over time*. Paper presented at the National Council on Family Relations, Minneapolis, MN.

\*LeBouef, S., & Dworkin, J. (2022, November). *Applying a family model to first generation college students and family support*. Paper presented at the National Council on Family Relations Theory Construction and Research Methodology Workshop, Minneapolis, MN.

\*Dworkin, J., Sun, X., LeBouef, S., & Keyzers, A. (2022, November). *Online social support and parents' locus of control*. Paper presented at the National Council on Family Relations, Minneapolis, MN.

\*LeBouef, S., Vasquez, K., & Dworkin, J. (2021, November). *"I can see the discouragement and worry": Parents' report of first generation college students experiences during COVID-19*. Paper presented online at the Society for the Study of Emerging Adulthood.

\*LeBouef, S., Holmgren, H., Keyzers, A., & Dworkin, J. (2019, October). *Don't you forget about me: College students and family communication*. Paper presented at the Society for the Study of Emerging Adulthood, Toronto, Canada.

\*Holmgren, H., & Dworkin, J. (2019, May). *Parenting and cyberbullying and victimization in adolescence*. Paper presented at the International Communication Association, Washington, DC.

\*Dworkin, J., Brar, P., & Hessel, H. (2018, October). *When the teacher becomes the student: Youth impact on parent technology use*. Paper presented at the Association of Internet Researchers, Montreal, Canada.

\*Rudi, J., LeBouef, S., Hessel, H., Brar, P., & Dworkin, J. (2018, April). *Trust versus control: Indian and U.S. youth keeping secrets online and offline*. Paper presented at the Society for Research on Adolescence, Minneapolis, MN.

\*LeBouef, S., & Dworkin, J. (2017, November). *Near, far, wherever you are: Siblings and social media communication*. Paper presented at the National Council on Family Relations, Orlando, FL.

\*Holth, A., & Dworkin, J. (2017, November). *Sensation seeking and emerging adult online risk behavior*. Paper presented at the National Council on Family Relations, Orlando, FL.

\*Hessel, H., Dworkin, J., & LeBouef, S. (2017, November). *Family identity and well-being in emerging adults*. Paper presented at the Society for the Study of Emerging Adulthood, Washington, DC. [Dworkin was session chair]

\*Holth, A., Dworkin, J., & Brar, P. (2017, November). *Peer pressure, relationship quality, and emerging adult substance use*. Paper presented at the Society for the Study of Emerging Adulthood, Washington, DC.

\*LeBouef, S., Hessel, H., & Dworkin, J. (2017, November). *Sibling closeness and well-being in emerging adulthood*. Paper presented at the Society for the Study of Emerging Adulthood, Washington, DC.

\*Dworkin, J., Holth, A., Hessel, H., & Brar, P. (2016, November). *Parenting and college student alcohol use during freshman year*. Paper presented as part of a symposium: Parenting Young Adults: Changing Practices for Different Outcomes, at the National Council on Family Relations, Minneapolis, MN.

\*Hessel, H., & Dworkin, J. (2016, April). *Parental online and in-person monitoring: Relationships with child well-being*. Paper presented at the Society for Research on Adolescence, Baltimore, MD.

\*Brar, P., & Dworkin, J. (2015, November). *Online and offline risk taking by youth in urban India*. Paper presented at the National Council on Family Relations, Vancouver, British Columbia, Canada.

\*Jang, J., Hessel, H., & Dworkin, J. (2015, November). *Parents' frequent use of online resources and online bridging social capital*. Paper presented at the National Council on Family Relations, Vancouver, British Columbia, Canada.

McCann, E., Dworkin, J., & McGuire, J. (2015, November). *Digital divorce: Co-parenting in the era of technology*. Paper presented at the National Council on Family Relations, Vancouver, British Columbia, Canada.

\*Dworkin, J., Hessel, H., Brar, P., & Jang, J. (2015, October). *Parental oversight and social connectedness: Factors associated with emerging adult substance use*. Paper presented at the Society for the Study of Emerging Adulthood biennial conference, Miami, FL.

\*He, Y., Gewirtz, A., & Dworkin, J. (2014, November). *Parental emotion socialization, child negative emotionality and depressive symptoms*. Paper presented at the National Council on Family Relations annual conference, Baltimore, MD.



- \*Hessel, H., Jang, J., & Dworkin, J. (2014, November). *Parents' use of new media technologies for information seeking*. Paper presented at the National Council on Family Relations annual conference, Baltimore, MD.
- \*Rudi, J., He, Y., Dworkin, J., & Doty, J. (2014, November). *How useful is it? Differences in parents' perceptions of parenting resources*. Paper presented at the National Council on Family Relations annual conference, Baltimore, MD.
- \*Doty, J., Dworkin, J., & Seal, K. L. (2014, March). *Effects of family structure on trajectories of closeness with fathers from adolescence to adulthood*. Paper presented at the Society for Research on Adolescence, Austin, TX.
- \*Dworkin, J., Doty, J., Rudi, J., & Ravindran, N. (2013, November). *It's not just for teens: Parents use of social networking sites*. Paper presented at the National Council on Family Relations annual conference, San Antonio, TX.
- \*Connell, J. H., & Dworkin, J. (October, 2013). *Family communication patterns and frequency of communication technology use with parents among emerging adult college students*. Paper presented at the Society for the Study of Emerging Adulthood, Chicago, IL.
- \*Connell, J. H., & Dworkin, J. (October, 2013). *Parent-child relationship quality, frequency and method of communication with parents, and parental knowledge among emerging adult college students*. Paper presented at the Society for the Study of Emerging Adulthood, Chicago, IL.
- \*Dworkin, J., Connell, J. H., Walker, S. K., & Doty, J. L. (2012, October). *Technology use among parents of adolescents: Implications for parent education*. Paper presented at the National Council on Family Relations, Phoenix, AZ.
- \*Doty, J., Dworkin, J., & Connell, J. (2011, November). *Digital divide: An examination of how parents' technology use differs by income*. Paper presented at the National Council on Family Relations, Orlando, FL.
- \*Dworkin, J., Connell, J., & Walker, S. (2010, November). *Parents online: What do we know and what do we need to know?* Paper presented at the National Council on Family Relations, Minneapolis, MN.
- Gengler, C., & Dworkin, J. (2010, October). *Understanding adolescent risk-taking utilizing a multi-dimensional framework*. Paper presented at Minnesota's ATOD Prevention Conference, St. Cloud, MN.
- Gengler, C., Dworkin, J., & Olson, K. (2010, September). *Parents and teens talking about alcohol*. Paper presented at the National Extension Association of Family & Consumer Sciences, Portland, ME.

\*Dworkin, J., Koh, B., & Savage, M. (2009, November). *Engaging parents as partners in alcohol education*. Paper presented at the National Council on Family Relations, Burlingame, CA.

\*Dworkin, J. & Koh, B. (2008, November). *Figuring out who you are: College as a context of identity formation*. Paper presented at the National Council on Family Relations, Little Rock, AR.

\*Dworkin, J., Gonzalez, C., Gengler, C., & Olson, K. (2007, November). *Evaluating newsletters for parents of early adolescents*. Paper presented at the National Council on Family Relations, Pittsburgh, PA.

\*Schneider, K., Dworkin, J., Gengler, C., & Olson, K. (2007, November). *Face-to-face versus online professional development: Separate but equal*. Paper presented at the National Council on Family Relations, Pittsburgh, PA.

\*Carroll, J., Willoughby, B., & Dworkin, J. (2007, February). *So close, yet so far away: The impact of varying marital horizons on emerging adulthood*. Paper presented at the Conference on Emerging Adulthood, Tucson, AZ.

Dworkin, J., Gengler, C., & Olson, K. (2006, November). *Lessons learned: Developing an online research update*. Paper presented at the National Extension Family Life Specialists Pre-Conference at the National Council on Family Relations, Minneapolis, MN.

Dworkin, J. (2005, April). *The personal meaning of risk-taking to adolescents: A qualitative inquiry*. Paper presented at the Society for Research in Child Development, Atlanta, GA.

\*Kennefick, M., & Dworkin, J. (2005, April). *Distinguishing between functional experimentation and dangerous risk-taking*. Paper presented at the National Conference on Undergraduate Research, Lexington, VA.

\*Dworkin, J., Green, K. M., & Peng, S-Y. (2004, November). *Teenagers learning to make decisions about risk behaviors: A family affair*. Paper presented at the National Council on Family Relations, Orlando, FL.

\*Peng, S-Y., & Dworkin, J. (2004, November). *Understanding experimentation and risk-taking from the perspective of youth*. Paper presented at the National Council on Family Relations, Orlando, FL.

Dworkin, J. (2003, April). *In their own words: Negative experiences in youth activities*. Paper presented at the Society for Research in Child Development, Tampa, FL.

Hansen, D., Larson, R., & Dworkin, J. (2003, April). *What adolescents learn in organized youth activities: Inventorying learning experiences*. Paper presented at the Society for Research in Child Development, Tampa, FL.

Dworkin, J. (2002, November). *Implications of understanding youth experimentation for parent education*. Paper presented at the National Council on Family Relations, Houston, TX.

Dworkin, J. (2002, April). *Redefining risk-taking: Toward a model of normal experimentation*. Paper presented at the Society for Research on Adolescence, New Orleans, LA.

Dworkin, J., & Ebata, A. T. (2001, November). *Reflecting on adolescence: Implications of youth voices for parent education*. Paper presented at the National Council on Family Relations, Rochester, NY.

Dworkin, J., Larson, R. W., Hansen, D., Jones, J., & Midle, T. (2001, April). *Adolescents' accounts of their growth experiences in youth activities*. Paper presented at the Society for Research in Child Development, Minneapolis, MN.

Larson, R., Verma, S., & Dworkin, J. (2000, March-April). *Adolescent time use in context*. Paper presented at the Society for Research on Adolescence, Chicago, IL.

### **Posters**

\*LeBouef, S., Dworkin, J., & Vasquez, K. (2022, March). *Parent child closeness and communication: An actor partner interdependence model*. Poster presented at the Society for Research on Adolescence, New Orleans, LA.

\*Keyzers, A., & Dworkin, J. (2021, November). *Parental approval, mediation, and adolescent online behavior*. Poster presented online at the National Council on Family Relations.

\*Keyzers, A., & Dworkin, J. (2021, November). *Parental mediation of adolescent online behavior*. Poster presented online at the National Council on Family Relations.

\*Sun, X., LeBouef, S., & Dworkin, J. (2021, November). *It's how you talk about it: Linguistic correlates of family dynamics from young adults' interviews*. Poster presented online at the National Council on Family Relations.

\*Keyzers, A., LeBouef, S., Vasquez, K., & Dworkin, J. (2021, November). *Mental health and students' future academic plans in the context of COVID-19*. Poster presented online at the Society for the Study of Emerging Adulthood.

Dworkin, J., & Serido, J. (2021, October). *How has COVID-19 disrupted higher education? Creating new partnership opportunities*. Poster presented online at Minnesota Extension Annual Program Conference.

\*Leaf Brown, R., Holmgren, H., & Dworkin, J. (2020, November). *Effects of parent-child communication and parental solicitation on adolescent secrecy*. Poster presented at National Council on Family Relations, online.

\*Keyzers, A., Holmgren, H., & Dworkin, J. (2020, November). *Adolescent internalizing, externalizing and parent-child relationship quality: Associations with adolescent disclosure and secrecy*. Poster presented at National Council on Family Relations, online.

\*Keyzers, A., Holmgren, H., LeBouef, S., & Dworkin, J. (2020, March). *College freshmen's experiences of emotional support via texting*. Poster accepted to be presented at the Society for Research on Adolescence, San Diego, California. [Conference cancelled]

\*Hessel, H., Leaf Brown, R., & Dworkin, J. (2020, March). *"They text like all the time": How college students describe texting across three generations of family members*. Poster accepted to be presented at the Society for Research on Adolescence. [Conference cancelled]

\*Holmgren, H., Dworkin, J., & Keyzers, A. (2019, November). *Cybervictimization: Implications for emerging adult well-being*. Poster presented at National Council on Family Relations, Fort Worth, Texas.

\*Dworkin, J., Hessel, H., LeBouef, S., Holmgren, H., & Holth, A. (2019, November). *College students, texting, and family: "The only way we can goof off and be [family]...because we don't see each other often."* Poster presented at National Council on Family Relations, Fort Worth, Texas.

\*LeBouef, S. L., & Dworkin, J. (2019, November). *As the world turns: Identifying best practices for caseworkers and caregivers to support foster youth social media use*. Poster presented at National Council on Family Relations, Fort Worth, Texas.

\*Brar, P., Dworkin, J., & Holmgren, H. (2019, October). *Internet use among college students in India: Possibilities for general use, harmful experiences, and risky behaviors*. Poster presented at the Society for the Study of Emerging Adulthood, Toronto, Canada.

\*Brar, P., Brady, S., & Dworkin, J. (2019, April). *Adolescent condoms and pleasure beliefs in association with sexual self-efficacy*. Poster presented at Pediatric Research, Education and Scholarship Symposium, Minneapolis, MN.

\*Brar, P., & Dworkin, J. (2018, April). *Parenting college students in contemporary*

*India*. Poster presented at Society for Research on Adolescence, Minneapolis, MN.

\*Hessel, H., Holmgren, H., & Dworkin, J. (2018, April). *The significance of parental outreach on emerging adults' well-being*. Poster presented at Society for Research on Adolescence, Minneapolis, MN.

\*Keyzers, A., Dworkin, J., & Rudi, J. (2018, April). *Sexting and online relationship formation: Exploring internalizing and sensation seeking among emerging adults*. Poster presented at Society for Research on Adolescence, Minneapolis, MN.

\*Lee, S., LeBouef, S., & Dworkin, J. (2018, April). *Family communication profiles of youth and their family relationship*. Poster presented at Society for Research on Adolescence, Minneapolis, MN.

\*Hessel, H., & Dworkin, J. (2017, November). *Different paths: Comparing college-going and noncollege youth*. Poster presented at the National Council on Family Relations, Orlando, FL.

Dworkin, J., Fleming, R. E., Bankston, J. (2017, November). *Connecting with families for educational success*. Poster presented at the National Council on Family Relations, Orlando, FL.

\*Hessel, H., & Dworkin, J. (2017, November). *What do we know about non-college youth? Exploring well-being, substance use, and family relationships*. Poster presented at the Society for the Study of Emerging Adulthood, Washington, DC.

Harris Hering, A., Serido, J., & Dworkin, J. (2017, October). *Eat, Drink, and Be Healthy: Engaging youth in program development and teaching*. Poster presented at Minnesota Extension Fall Program Conference, Brooklyn Park, MN.

\*Gliske, K., Dworkin, J., & Rudi, J. (2016, November). *Associations between online and offline risk taking in emerging adulthood*. Poster presented at the National Council on Family Relations, Minneapolis, MN.

\*Hessel, H., Dworkin, J., & Holth, A. (2016, November). *Exploring parental efficacy, support, and youth substance use*. Poster presented at the National Council on Family Relations, Minneapolis, MN.

\*Brar, P., & Dworkin. (2016, April). *Impact of perceived parental warmth/trust, control and knowledge on sexual initiation of college students in India*. Poster presented at the Society for Research on Adolescence, Baltimore, MD.

\*Jang, J., Dworkin, J., & Hessel, H. (2016, April). *Youth internalizing/externalizing difficulties, parental online resource use, and parenting self-efficacy*. Poster presented at the Society for Research on Adolescence, Baltimore, MD.

- \*Hessel, H., & Dworkin, J. (2016, March). *Fathers' use of communication technology: Relationships with parental efficacy and adolescent outcomes*. Poster presented at the Society for Research on Adolescence, Baltimore, MD.
- \*Hessel, H., He, Y., & Dworkin, J. (2015, November). *Father-adolescent communication: Exploring online and in-person strategies*. Poster presented at the National Council on Family Relations, Vancouver, British Columbia, Canada.
- \*Hessel, H., & Dworkin, J. (2015, October). *Exploring online and in-person communication strategies between fathers and children*. Poster presented at the Society for the Study of Emerging Adulthood biennial conference, Miami, FL.
- \*Brar, P., & Dworkin, J. (2015, October). *The role of parenting on risk-taking among urban Indian college students*. Poster presented at the Society for the Study of Emerging Adulthood biennial conference, Miami, FL.
- \*Rudi, J., Gliske, K., Dworkin, J., & Brar, P. (2015, March). *A comparison of three online recruitment strategies for engaging parents of teens and young adults in survey research*. Poster presented at the Society for Research in Child Development, Philadelphia, PA.
- \*He, Y., & Dworkin, J. (2014, March). *Posttraumatic growth among adolescent Sichuan earthquake survivors*. Poster presented at the Society for Research on Adolescence, Austin, TX.
- \*Doty, J., & Dworkin, J. (2013, November). *A longitudinal examination of predictors of parenting efficacy*. Poster presented at the National Council on Family Relations annual conference, San Antonio, TX.
- \*Connell, J. H., & Dworkin, J. (2012, October). *Family communication patterns and adolescent-parent communication*. Poster presented at the National Council on Family Relations, Phoenix, AZ.
- \*Doty, J., & Dworkin, J. (2012, October). *Bonding capital in adolescence as a predictor of bridging social capital in early adulthood*. Poster presented at the SRCD Themed Meeting: Transitions from Adolescence to Adulthood, Tampa, FL.
- \*Connell, J., Doty, J., Dworkin, J., & Walker, S. K. (2012, March). *Parents of adolescents' information and communication technology use for communication with children*. Poster presented at the Society for Research on Adolescence biennial conference, Vancouver, Canada.
- \*Connell, J., Petree, C., Dworkin, J., & Doty, J. (2011, November). *Parents' technology use for family communication: Differences by child age*. Poster presented at the National Council on Family Relations, Orlando, FL.

\*Jang, J., Dworkin, J., & Connell, J. (2011, November). *Babycenter.com: New parent behavior in an online community*. Poster presented at the National Council on Family Relations, Orlando, FL.

\*Petree, C., & Dworkin, J. (2011, November). *Affording college in a changing economy*. Poster presented at the National Council on Family Relations, Orlando, FL.

\*Reinke, J., Dworkin, J., & Ebata, A. (2011, November). *Parents of children with autism and the Internet: What do we know?* Poster presented at the National Council on Family Relations, Orlando, FL.

\*Reinke, J., Dworkin, J., & Ebata, A. (2011, March). *Parents of children with autism and the Internet: What do we know?* Poster presented at the College of Education and Human Development Research Day, Minneapolis, MN.

Walker, S., Dworkin, J., & Ebata, A. (2011, April). *Parenting 2.0: What can we learn about parents' time online that will strengthen our outreach to vulnerable families?* Poster presented at the DoD/USDA Family Resilience Conference, Chicago, IL.

\*Doty, J., Dworkin, J., & Connell, J. (2011, March). *A digital divide: How parents' technology use differs by income*. Poster presented at the College of Education and Human Development Research Day, Minneapolis, MN.

Dworkin, J., Walker, S., Ebata, A., Hughes, R., & Martin, S. (2010, November). *Parenting 2.0: How parents use social media*. Poster presented at the National Extension Family Life Specialists Pre-Conference at the National Council on Family Relations, Minneapolis, MN.

\*Dworkin, J., Walker, S., & Connell, J. (2010, October). *Parenting 2.0: What are parents doing online?* Poster presented at the UMN Annual Extension Program Conference, Bloomington, MN.

Dworkin, J., Yazedjian, A., & Savage, M. (2010, March). *What are they talking about? Barriers to parent-college student communication on critical topics*. Poster presented at the Society for Research on Adolescence, Philadelphia, PA.

Dworkin, J. (2010, March). *What happens freshman year? Tracking student alcohol use and parent behaviors*. Poster presented at the Society for Research on Adolescence, Philadelphia, PA.

\*Gonzalez, C., & Dworkin, J. (2009, November). *Mother-adolescent communication and mother knowledge of adolescent sexual status*. Poster presented at the National Council on Family Relations, Burlingame, CA.

- \*Petree, C., & Dworkin, J. (2009, November). *Parent-adolescent relationship and birth control use at first intercourse*. Poster presented at the National Council on Family Relations, Burlingame, CA.
- \*Ammon, B. V., Schulenberg, J. E., Dworkin, J. B., O'Malley, P. M., & Kloska, D. D. (2009, April). *Risk-taking in adolescence: One size does not fit all*. Poster presented at the Society for Research in Child Development.
- \*Gengler, C., Dworkin, J., Olson, K., & Petree, C. (2008, November). *Voices of parents of teens: Parenting topics, format and cost preferences*. Poster presented at the National Council on Family Relations, Little Rock, AR.
- \*Gonzalez, C. J., & Dworkin, J. (2008, March). *Mother-adolescent relationship quality and mother knowledge of adolescent behavior*. Poster presented at the Society for Research on Adolescence, Chicago, IL.
- \*Ammon, B., Schulenberg, J., Dworkin, J., Kloska, D., & O'Malley, P. (2008, March). *Risk-taking without substance use: The protective role of extracurricular activities*. Poster presented at the Society for Research on Adolescence, Chicago, IL.
- \*Savage, M., Dworkin, J., & Schneider, K. (2007, February). *Alcohol education: Bringing parents into the equation*. Poster presented at the National Association of Student Personnel Administrators national conference on alcohol prevention, Atlanta, GA.
- \*Dworkin, J., Savage, M., & Schneider, K. (2006, November). *Transition to college: Bringing parents into the equation*. Poster presented at the National Council on Family Relations, Minneapolis, MN.
- Dworkin, J. (2006, March). *Adolescent and emerging adult risk-taking and substance use trajectories*. Poster presented at the Society for Research on Adolescence, San Francisco, CA.
- \*Willoughby, B., & Dworkin, J. (2006, March). *The relationship between emerging adults' expressed desire to marry and frequency of participation in risk behaviors*. Poster presented at the Society for Research on Adolescence, San Francisco, CA.
- \*Green, K. M., & Dworkin, J. (2005, November). *Youth participation in positive and negative activities*. Poster presented at the National Council on Family Relations, Phoenix, AZ.
- \*Schneider, K., & Dworkin, J. (2005, November). *Advice for parents of teens: Positioning parents and teens as the experts*. Poster presented at the National Council on Family Relations, Phoenix, AZ.



Dworkin, J., & Schulenberg, J. (2005, April). *Positive risk-taking during adolescence: Risk-taking without substance abuse*. Poster presented at the Society for Research in Child Development, Atlanta, GA.

Dworkin, J., & Tralle, M. (2004, May). *Evaluation of a divorce education curriculum: Parents Forever*. Poster presented at the Children, Youth, and Families at Risk Conference, Seattle, WA.

Dworkin, J., & Larson, R. (1999, November). *Age trends in family conflict in mother-headed single-parent families across adolescence*. Poster presented at the National Council on Family Relations, Irvine, CA.

### ***Published Abstracts***

Henry, G., Dworkin, J., Shelley, A. R., & Redlinger-Grosse, K. (2022, November). The emerging adulthood experience of individuals living with Phenylketonuria. *National Society of Genetic Counselors*.

### **Current Online Media**

(+ Teaching evaluation data and program evaluation data available)

Savage, M., & Dworkin, J. (2018-present). *Parenting College Students: When your child goes to college*. Available online: <http://innovation.umn.edu/college-parent/> [released August 2018].

*This website provides comprehensive resources for families who are parenting through the college years. Content is designed to provide parents of college students with information and tools to support and empower successful transitions to college, increasing responsibility, and good decision-making skills.*

## **TEACHING AND CURRICULUM DEVELOPMENT**

### **University of Minnesota**

#### **Resident Teaching**

Fall 2019                    Instructor, University of Minnesota, Twin Cities  
Fall 2018                    *Orientation Seminar (FSoS 8100)*

Spring 2013                Instructor, University of Minnesota, Twin Cities  
Spring 2012                *Integrative Research Seminar (FSoS 8047)*  
Spring 2011  
Spring 2010

Spring 2007                Co-Instructor, University of Minnesota, Twin Cities  
Fall 2006                    *Human Development in Families: Lifespan (FSoS 1201)*  
Co-Instructor: Harold Grotevant, Ph.D.

Responsible for content on: middle childhood, adolescence, early adulthood, middle adulthood, and late adulthood.

**Teaching: University of Minnesota Extension**

**Outreach and engagement project web page:**

<http://www.extension.umn.edu/family/families-with-teens/> (1,006 average monthly visits)

**Publications**

(+ *Program evaluation data available*)

Dworkin, J. (2021). *Teens online and social media use*. Available online: <https://extension.umn.edu/tough-topics-kids/teens-online-and-social-media-use>

\*Dworkin, J., & LeBouef, S. (2020). *Youth in Care and Social Media Use: Online modules*. Child Welfare Title IV-E MSW grant, School of Social Work, University of Minnesota. Available: <https://cascw.umn.edu/portfolio-items/youth-in-care-and-social-media-use-3-0-hrs/>

These 3-hour continuing education modules are designed to engage social workers and caregivers in considering how foster youth use social media and how social media impacts foster youth.

\*LeBouef, S., & Dworkin, J. (2020). *Youth in Care and Social Media Use: Resource page*. Child Welfare Title IV-E MSW grant, School of Social Work, University of Minnesota. Available: <https://cascw.umn.edu/youth-in-care-and-social-media-use/>

Includes 11 resources to connect foster parents, caregivers, and other adults supporting youth in care to resources for safe social media use. Resources highlight current research, best practices, and additional resources for supporting safe social media use.

Dworkin and colleagues (2016 & 2017). Revised *Teen Talk* fact sheet series.

What's Normal for Teen Development?  
 Teens and Risk-Taking  
 School Violence  
 School: Making the Most of It  
 Bullying: A Big Problem with Big Consequences  
 What if the next shooting is at my school?  
 Winning Isn't Everything  
 I Need to Get a Job  
 There's a Party! Can I Go?  
 But You and Dad Drink...  
 It's Just One Cigarette  
 Relax Mom, It's Only Pot!  
 Teens and Meth  
 But Everybody's Doin' It...  
 Have You Talked with Your Teen Today?

Teens and Family Meals  
Relationships: Peers and Dating  
Teens and Their Peers  
But We're in Love: Talking to Teens About Sex  
I've Met Someone Special: Teen Dating  
Teens and the Internet  
LOL, IDK, OMG: Teens and Social Media Platforms

Dworkin, J., & Serido, J. (2017, February). *The role of families in supporting social and emotional learning*. St. Paul, MN: University of Minnesota Extension. Available: <https://www.extension.umn.edu/youth/research/sel/docs/issue-brief-role-of-families-in-supporting-sel.pdf>

+Dworkin, J., Gengler, C., & Olson, K. (2009). *Take and Teach Lesson: Parents and Teens Talking About Alcohol*. St. Paul, MN: University of Minnesota Extension Service.

+Dworkin, J., Gengler, C., & Olson, K. (2006). *Take and Teach Lesson: Teen Decision Making about Risky Behaviors*. St. Paul, MN: University of Minnesota Extension Service.

Gengler, C., Dworkin, J., & Olson, K. (2006). *Take and Teach Lesson: Peers, Peer Pressure and Peer Relationships*. St. Paul, MN: University of Minnesota Extension Service.

+Olson, K., Dworkin, J., & Gengler, C. (2006). *Take and Teach Lesson: Bullying: A Big Problem with Big Consequences*. St. Paul, MN: University of Minnesota Extension Service.

Dworkin, J., & Gengler, C. (2006, September). *Parenting adolescents: Challenge and opportunity*. Implications, vol. 4 (issue 9). St. Paul, MN: University of Minnesota.

Dworkin, J. (2006, spring). *Reconnecting families to out-of-school time*. Consortium Connections. Minneapolis, MN: University of Minnesota.

Dworkin, J. (2005). INFO-U: *Winning isn't everything*. St. Paul, MN: University of Minnesota Extension Service.

Dworkin, J. (2004). *Teen Talk: Winning isn't everything*. St. Paul, MN: University of Minnesota Extension Service.

McCann, E., & Dworkin, J. (2004). *Teen Talk: It's just one cigarette*. St. Paul, MN: University of Minnesota Extension Service.

+Dworkin, J. (2003). *Teen Talk: A survival guide for parents of teenagers*. St. Paul, MN: University of Minnesota Extension Service.

Fact sheet titles:

*Have you talked with your teen today?*  
*Relax mom, it's only pot!*  
*But everybody's doin' it...*  
*I'm in love, I'm not gonna get pregnant*  
*But you and dad drink*

Dworkin, J. (2003). INFO-U: *Peer Pressure – Understanding It*. St. Paul, MN: University of Minnesota Extension Service.

Dworkin, J. (2003). *Engaging adolescents in the family*. Consortium Connections. Minneapolis, MN: University of Minnesota.

Dworkin, J. (2003). *Teen Talk: Strengthening the Parent-Teen Relationship*. St. Paul, MN: University of Minnesota Extension Service Learning Circle Lesson Plan.

Dworkin, J. (2003). *Teen Talk: I'm scared, what if the next shooting is at my school?* St. Paul, MN: University of Minnesota Extension Service.

Dworkin, J. (2003). INFO-U: *Teens and Dating*. St. Paul, MN: University of Minnesota Extension Service.

Dworkin, J., & Habisch, T. (2003). INFO-U: *Teens and Dating Violence*. St. Paul, MN: University of Minnesota Extension Service.

Making the Case for Out-of-School Time Design Team. (2003). *Out-of-school time: A critical time to develop, learn and grow*. Minneapolis, MN: University of Minnesota Extension Service.

Dworkin, J., & Xiong, D. (2002). INFO-U: *Discipline vs. Punishment*. St. Paul, MN: University of Minnesota Extension Service.

Dworkin, J. (2001). *Grandparents Raising Grandchildren: The teenage years*. Urbana, IL: University of Illinois Extension Service.

Dworkin, J. (1998). *Parent-adolescent communication*. HCD Family and Youth Report. Urbana, IL: University of Illinois Extension Service.

### **Training Professionals**

(+ *Teaching evaluation data available*)

\*Dworkin, J., Savage, M., Hruska, L., LeBouef, S., & Vasquez, K. (2021, December 10). *Parents' perspectives on the impact of COVID-19 on college students*. University of Minnesota Extension Webinar Series.

\*Dworkin, J., & LeBouef, S. (2021, October 15). *Navigating current teen technology use and social media*. University of Minnesota Extension Webinar Series.

Dworkin, J., & Savage, M. (2021, February 3). *COVID-19: College parents speak out, Wave 2*. Presentation to AHEPPP professionals.

Dworkin, J. (2020, July 8). *Technology and family life*. Webinar presented to the University of Minnesota Alumni Association.

Dworkin, J., & Savage, M. (2020, July 8). *Parenting college students: Online support for parents of college students*. Webinar presented to the University of Minnesota Alumni Association.

+Dworkin, J., & Savage, M. (2020, October 21). *COVID-19: College parents speak out*. University of Minnesota Extension Webinar Series.

+Dworkin, J., & Leaf Brown, R. (2020, July 21). *Parenting teens: The role of communication and technology*. University of Minnesota Extension Webinar Series.

Stum, M., & Dworkin, J. (2019, June). *Master narratives*. Professional development presentation to University of Minnesota Family Resiliency Extension Educators, online.

Dworkin, J. (2018, January). *Technology and family relationships*. Professional development presentation to University of Minnesota Family Resiliency Extension Educators, online.

Dworkin, J., & Lehr, C. (2016, November 1). *Beyond parent involvement: Working to engage and partner effectively with families in school and out of school*. Planned, coordinated, and facilitated this session for over 80 professionals working with families in diverse settings. Minneapolis, MN.

McGuire, J., Serido, J., & Dworkin, J. [in presentation order] (2016, March). *Using statistics in Extension work: What you need to know and why*. Professional development presentation to University of Minnesota Extension Educators, online.

Dworkin, J. (2009). *Parents as partners in prevention: The case of alcohol use*. CEUs on a stick sponsored by the School of Social Work, University of Minnesota, St. Paul, MN.

+Dworkin, J., & Gengler, C. (2005, May). *What's new with teenagers and their families? Research update for professionals*. Parent Education Institute pre-conference workshop, St. Paul, MN.

+Dworkin, J., & Gengler, C. (2004, April). *What's new with teenagers and their families? Research update for professionals*. Training for youth and family serving professionals, Marshall, MN.

+Dworkin, J., & Allen, R. (2004, March). *What's new with teenagers and their families? Research update for professionals*. Training for youth and family serving professionals, St. Paul, MN.

Dworkin, J. (2004, January). *Risk-taking behavior and parenting adolescents*. Presentation to the University of Minnesota Extension Family Relations Team, St. Paul, MN.

+Dworkin, J., & Gengler, C. (2004, January). *Research update: Families with adolescents*. Presentation to the University of Minnesota Extension Family Relations Team, St. Paul, MN.

\*Karahan, A. R., & Dworkin, J. (2003, October). *Parents Forever: Evaluation of a divorce education curriculum*. Presentation to the University of Minnesota Extension Family Relations Team, St. Paul, MN.

### **Training Professionals - Invited**

(+ *Teaching evaluation data available*)

+Dworkin, J., & Sun, X. (2022, March 31). *Navigating social media with adolescents: Helpful parenting practices and intervention tools*. National Council on Family Relations. Invited Webinar.

Dworkin, J. (2021, November 10). *Family Matters: Supporting students through family engagement*. Invited keynote at closing session for Family Engagement in Higher Education conference.

+\*Dworkin, J., & LeBouef, S. (2021, May 13). *Understanding social media use of youth in care*. Invited online presentation for MN Adopt.

Dworkin, J. (2019, September 18). *Overview of parent & family education: Engaging families in school and learning*. Invited presentation to the Changsha High School Educators (visiting UMN from China).

Dworkin, J. (2018, June 18). *Digital products in Extension family life programs*. Invited online presentation to Auburn Extension Agents.

Dworkin, J., & McGuire, J. (2018, July 31). *Technology use, adolescent development, & Generation Z*. Invited presentation Summer Institute in Adolescent Health.

\*Dworkin, J., Rudi, J., & Doty, J. (2014, March 27). *Parents' use of social media*. National Council on Family Relations. Invited Webinar.

Dworkin, J. (2013, April). *Parent education for parents of teens*. Washington County Department of Public Health, Stillwater, MN.

+Dworkin, J. (2011, March). *Reframing college student risk-taking: Risk taking as developmentally appropriate exploration*. Presentation to University Counseling and Consulting Services, University of Minnesota.

Dworkin, J., & Savage, M. (2010, February). *Seminar for parents: Alcohol use on campus*. Webinar presentation to the Minnesota-North Dakota-South Dakota Region of the U.S. Department of Education's Network Addressing Collegiate Alcohol and Other Drug Issues.

+Dworkin, J. (2007, November). *Reframing youth risk taking*. Presentation to Healthy Families Network.

+Dworkin, J. (2006, September). *Reconnecting teens and parents: Research update*. Presentation to the University of Illinois Extension Service Youth Development and Family Life Teams.

Dworkin, J., & Savage, M. (2006, March). *First Year Seminar for Parents: A family based approach to educating college students about alcohol use*. Presentation to the Minnesota Alcohol Traffic Safety Association, St. Cloud, MN.

Dworkin, J. (2006, January). *Survey of healthy youth experimentation*. Presentation to Edina Chemical Health Partners.

Dworkin, J. (2004, September). *Teenagers learning to make decisions about risk behaviors*. Presentation to the University of Minnesota Extension Family Relations Team and North Dakota State University Extension Agents, Fargo, ND.

+Dworkin, J. (2003, October). *Resilience and healthy youth experimentation*. Training for North Dakota State University 4-H and Human Development Extension Staff, Fargo, ND.

+Dworkin, J. (2003, October). *Understanding youth experimentation from the family's perspective*. Presentation to professionals who work with youth and families, Moorhead, MN.

Dworkin, J. (2002, November). *Parenting youth through experimentation*. Presentation to the Family Education Network, St. Paul, MN.

Dworkin, J. (2001, September). *Redefining risk-taking: A normative model for understanding adolescent experimentation*. Presentation to the University of Illinois Extension Family Life Team, Champaign, IL.

Ebata, A. T., & Dworkin, J. (2000, June). *Working with teens*. Presentation to the Champaign Public Library Youth Services Staff, Champaign, IL.

### **Workshops/Webinars for Parents**

Dworkin, J. (2022, April). *Panel discussion on technology and kids*. Centerville PTA. Virtual.

Dworkin, J. (2022, January). *Navigating teen technology use and social media*. The Get Ready Program at the Minnesota Office of Higher Education. Webinar.

Dworkin, J. (2013, April). “*Obviously we won’t make the decisions parents want us to!*” *Positive Family Development and Teen Decision-Making*. Family Forum Series, White Bear Unitarian Universalist Church, Mahtomedi, MN.

Dworkin, J. (2012, November). *What’s up with my teenager? What to expect when parenting teens*. Wilder Center for Communities Youth Leadership Initiative, St. Paul, MN.

Dworkin, J. (2010, April). *Parent-adolescent relationship*. University of Minnesota Physicians Lunch n’ Learn Series, Minneapolis, MN.

+Dworkin, J. (2007, December). *What to expect when parenting teens*. Presentation to GSL ParentNet2012, Glencoe, MN.

Dworkin, J. (2006, January). *What to expect when parenting teens*. Presentation to District 279 – Community Education, Maple Grove, MN.

+Dworkin, J. (2005, November). *Risky, healthy, or both?* Parent Survival Night, Crystal, MN.

Dworkin, J. (2003, October). *Family decision-making and communication*. Working Family Resource Center, St. Paul, MN.

### **Invited Presentations**

Panel participant. *CYFAR collaboration success with MSI Land-grants: A panel of 1862, 1890 and 1994 collaboration experts*. (2019, June 20). USDA/NIFA.

Panel participant. *Youth engagement, social trust and the future of democracy*. (2008, November). Inquiry to Impact, A President’s 21<sup>st</sup> Century Interdisciplinary Conference Series, University of Minnesota. Presenter: Dr. Connie Flanagan.

Dworkin, J. (2008, January). Panel participant. MN Department of Education Safe and Healthy Learners Conference " From My Space to Our Space: Making Connections".



## Presentations

Dworkin, J., & Savage, M. (2018, October). *Engaging families in the transition to college*. Presentation at College Readiness and Achievement Gaps session, College Readiness Consortium and Educational Equity Resource Center, University of Minnesota.

Dworkin, J., & Gengler, C. (2005, October). *Evaluation of research updates for professionals*. Presentation to University of Minnesota Extension faculty at Extension Fall Program Conference, Brooklyn Center, MN.

Panel participant, *Comparison of youth-driven and adult-driven youth programs*. (2005, January). Inquiry to Impact, A President's 21<sup>st</sup> Century Interdisciplinary Conference Series, University of Minnesota. Presenter: Dr. Reed Larson.

Panel participant, *Learning and development in out of school hours*. (2004, February). Children, Youth and Family Consortium Capital Conversations, forum for faculty and legislators to dialogue around research and public policy, University of Minnesota.

Dworkin, J. (2003, October). *A family systems approach to understanding youth experimentation*. Presentation to the Department of Family Social Science, University of Minnesota, St. Paul, MN.

Dworkin, J. (2003, October). *A family systems approach to understanding youth experimentation*. Presentation to the Institute of Child Development, University of Minnesota, Minneapolis, MN.

## Online Media

(+ *Teaching evaluation data and program evaluation data available*)

Dworkin, J. (2019). *Bullying*. A part of Otto, M., & Borden, L. M. (Eds.). Online training modules for youth workers.

Available: [https://reachfamilies.umn.edu/bullying/story\\_html5.html](https://reachfamilies.umn.edu/bullying/story_html5.html)

Dworkin, J., & Gengler, C. (2012-2013; 2014-2015). *Using the Internet for Parent Education – Research Update for Professionals* [Online]. Delivered via Moodle.

### **(155 participants)**

*This short term professional development opportunity is designed to help professionals: Consider the ways parents use the Internet; Discover the differences in Internet use by age, gender, socio-economic status, and other demographic variables; Investigate current research on how professionals have incorporated technology into parent education; Analyze current best practices in reaching parents using technology; Be challenged to enhance their ability to effectively use technology to reach families. Throughout this course, professionals will have opportunities to apply*

*current research on parents and technology through online activities and threaded discussions.*

+Dworkin, J., & Gengler, C. (2010-2011). *Understanding adolescent risk-taking behavior: Research update for professionals* [Online]. Delivered via WebVista. **(224 participants from 26 states – offered three times)**

*This course includes audio-streamed Power Point presentations (using Breeze technology), summaries of research articles, interactive quizzes, and a range of other resources. Participants are encouraged to dialogue with other professionals and thoughtfully consider the implications of this research for their work through threaded discussion questions. This online course is designed to: Define risk-taking; Present a multi-dimensional framework for understanding risk-taking; Introduce a model of adolescent decision making; Reframe risk-taking and offer a systems approach to risk-taking with an emphasis on family influences.*

+Dworkin, J., Gengler, C., & Olson, K. (2006-2007). *What's new with teens and their families? Research update for professionals* [Online]. Delivered via WebVista. **(315 participants from 32 states)**

*This is an online research update for professionals who work with youth and families, developed based on face-to-face workshops offered throughout Minnesota. This course includes audio-streamed Power Point presentations (using Breeze technology), summaries of research articles, interactive quizzes, and a range of other resources. Participants are encouraged to dialogue with other professionals and thoughtfully consider the implications of this research for their work through threaded discussion questions. There are three objectives for participants: (1) To examine current research in normative adolescent and family development; (2) To review family systems theory; and (3) To consider current research and trends in parent and family education, emphasizing the bi-directionality of the parent-child relationship.*

\*Dworkin, J., & Haberman, H. (2003). *Tips for families* [Online]. No longer available.

*Tips for Families was a database of expert information provided by NCFR members. The focus of the information was to provide parents with usable information based on current research that fits within the 10 CFLE substance areas. As co-directors/editors, we worked to redesign the site and set up a process for peer review. NCFR has moved to a new online system, which I participated in the development of (PRL).*

## **Popular Media**

### **Local and National Interviews**

The Current. (2021, June 2). *Wellness Wednesday: Cutting back on screen time as a family*. Available: <https://www.thecurrent.org/feature/2021/06/01/wellness-wednesday-cutting-back-screen-time>

University of Minnesota News and Events (2021, May 6). *Talking limiting screen time with U of M*. Available: <https://twin-cities.umn.edu/news-events/talking-limiting-screen-time-u-m>

Minneapolis St. Paul Magazine (2020, October 26). *Rethinking screen time in a pandemic*. Available: <https://mspmag.com/arts-and-culture/split-screen/>

Parent Town Podcast (2019, October 11). *Parents and teens talking about screen time*.

Mom Enough Interview (2018, October 23). *Parenting college students* (Dworkin & Savage).

KBRF radio station interview, Fergus Falls (2018, October 1). *Screen time among children and adolescents*.

Mom Enough Interview (2018, February 9). *Teens and technology*.

Highlights Magazine (2017, July 18). *Topic: Children and time management*

Star Tribune (2016, June 28) *Topic: Kids age 12-15 and summer vacation*

*Student Engagement within Extension*. (2014, May 14). Webinar panel participant. University of Minnesota Extension.

*Youth, families, and technology use*. A series of phone and email interviews to contribute to posts on Daddy-O an online forum on parenting and family life. Star Tribune (September – October, 2012).

*Preparing your child for kindergarten*. Christian Home and School (interviewed by a writer, who submitted an article, that was accepted for publication, to this magazine, September, 2012)

*A family perspective to balancing school and extracurricular activities*. Savvy.mn Magazine (August, 2012).

University of Minnesota Moment (July 15, 2010) *Topic: Parenting 2.0: How do parents use the Internet?* [Available online: [http://www1.umn.edu/news/multimedia/2010/UR\\_CONTENT\\_224339.html](http://www1.umn.edu/news/multimedia/2010/UR_CONTENT_224339.html)]

Star Tribune (June 6, 2010) *Topic: Recent college grads who move back home after college*

*Teen Stress: When they stress out, grownups need to listen*. Star Tribune (December 20, 2009)

Key Bank, Ohio (August 28, 2009) *Topic: Monitoring your children at college and Social networking*

Wisconsin State-Journal (May 10, 2009) *Topic: When students return home from college for the Summer*

University of Minnesota Moment (June 5, 2008) *Topic: U of M Class Helps Parents Nationwide Address Youth Drinking* [Available online: <http://blog.lib.umn.edu/urelate/radio/130868.html>]

Minnesota Public Radio (June 5, 2008) *Topic: U of M offers course to help parents understand drinking*

KSTP – 5 Eyewitness News (June 4, 2008) *Topic: 'U' offers online course for parents to battle drinking*

*Value of extended family for four- and five-year-olds.* Parents Magazine (July 12, 2007)

Star Tribune (August 26, 2006) *Topic: Online course for parents of college students addressing student finances*

Mpls. St. Paul Magazine (May 25, 2006) *Topic: Binge drinking on college campuses*

CNN Television (March 7, 2006) *Topic: Binge drinking on college campuses*

WCCO Radio (February 28, 2006) *Topic: Online course for parents of college students addressing student alcohol use*

National On-Campus Report (March 29, 2005) *Topic: Strategies for colleges and universities to help promote healthy experimentation*

WCCO Radio (February 23, 2005) *Topic: Binge drinking*

*Where parents see risk, students see growth.* National On-Campus Report, Volume 33, Number 8 (April 15, 2005). Magna Publications, Wisconsin, Therese Kattner

*Reckless behavior or healthy experimentation?* M (spring, 2004). A publication for alumni, friends, faculty, and staff of the University of Minnesota

*Taking risks: Students say it's how they learn their limits.* Parent Newsletter (winter, 2004). University of Minnesota, Marjorie Savage

*Dating.* iParenting Media [<http://teenagerstoday.com>] (December 3, 2004)

*Sibling relationships*. Star Tribune (March 3, 2004)

*Making sense of teen behavior*. Research and Inventions (2003). University of Minnesota. A publication of the Office of the Vice President for Research, Kate Tyler.

*Making sense of teen behavior*. Kaleidoscope (spring, 2003). College of Human Ecology, University of Minnesota, Kate Tyler.

*Bullying*. KSTP Channel 4 Morning show (September 4, 2003)

### **Faculty Development Activities**

- 2018-19      Provost's Department Chairs and Heads Leadership Program
- 2016      CEHD Leads: Leadership Development Program, College of Education and Human Development, University of Minnesota, Twin Cities  
 The University identified key challenges that University leaders must be positioned to address. Leadership and Talent Development, within the Office of Human Resources, developed an integrated leadership development strategy to support leaders facing these challenges. CEHD *Leads* is based on the corresponding competencies that enable academic leaders to successfully address these key challenges. CEHD *Leads* is designed to assist faculty in developing leadership skills, capacity and readiness so they are positioned to take on larger leadership roles and effectively address department challenges.
- 2013      Treks: Mobile, for those interested in using mobile technology for teaching and learning, University of Minnesota, Twin Cities
- 2012      Treks: Mobile, for those interested in using mobile technology for teaching and learning, University of Minnesota, Twin Cities  
 Treks is an innovative professional development program designed to support instructors' exploration and integration of instructional technologies. The program provides designated time for instructors to explore the ever-expanding array of learning technologies and tools available at the University of Minnesota as well as best practices for using them to enhance student learning and engagement.
- 2005-2006      Early Career Teaching Program, University of Minnesota, Twin Cities  
 The Early Career Teaching Program is designed to assist faculty members early in their careers to develop and enhance their teaching skills and establish a foundation for a lifetime of creative and engaging teaching. It provides a variety of opportunities to increase knowledge and skills to enhance teaching, including working with master teachers who will model and teach about a variety of effective pedagogical styles and methods.

- Spring 2005 WebCT Vista: Creating Basic Course Web Sites, University of Minnesota, Twin Cities  
This 3.5-hour course is for University of Minnesota faculty and course designers who would like to learn about using WebCT Vista for creating course web sites. Participants learn how to build a basic site containing a syllabus, content pages, links to other web sites, discussion topics, and announcements.
- Spring 2005 HTML Basics, University of Minnesota, Twin Cities  
This 3.5-hour course covers the basics of HTML (Hypertext Markup Language), the underlying code for web pages.
- Spring 2004 Mentor in Next Generation of the Extension Professorate Program, University of Minnesota, Twin Cities  
A workshop designed to support Extension faculty in the use of technology-enhanced learning. For participating, I received \$250.
- Spring 2003 Participant in Next Generation of the Professorate Program, University of Minnesota, Twin Cities  
I was nominated by the Dean of CHE to participate in this two-day workshop designed to support new faculty in the use of technology-enhanced learning. Participation included receiving Technology Enhanced Learning start-up funds of \$1000.
- Fall 2002 Getting Started as a Successful Grant-Writer and Academician, University of Minnesota, Twin Cities  
This day and a half seminar covered the fundamental principles of grant writing, tips on how to write for reviewers, organizational structures of the major federal funding agencies, available funding for beginning researchers, and how to organize multidisciplinary, group-based research programs. The Office of the Executive Vice President and Provost sponsored this seminar.

## **ADVISING AND MENTORING**

### **Undergraduate Student Activities**

#### **Guidance of Undergraduate Students in Research Internships and Independent Study**

- Spring 2023 Angel Martinez-Johnson, 1 credit, *Adolescent Preferred Communication and Frequency of Technology Communication in Disclosure with Parents*
- Fall 2005 Kimberly Streamer, 3 credits, *Adolescent Development in Affluent and Low Income Families*
- Spring 2005 Carly Emil, 3 credits, *Youth in Out of School Time*
- Spring 2005 Heather Stevens, 1 credit, *Youth in Out of School Time*
- Spring 2004 Jennie Morgan, 4 credits, *Study of Healthy Youth Experimentation*
- Fall 2003 Jennie Morgan, 4 credits, *Study of Healthy Youth Experimentation*
- Spring 2003 Hannah Huff, 3 credits, *Study of Healthy Youth Experimentation*

### **Guidance of Undergraduate Student in Undergraduate Research Opportunities Program (UROP)**

- Spring 2004 Molly Kennefick, UROP for Spring 2004, *Distinguishing Between Functional Experimentation and Dangerous Risk-Taking* (recipient of Fibiger Prize for Research for submitting the top proposal in the College of Human Ecology)

### **Undergraduate Student Honors Theses**

| <u>Department</u>              | <u>Student</u> | <u>Role</u>             |
|--------------------------------|----------------|-------------------------|
| Family Social Science          | Carly Emil     | Honors Capstone Adviser |
| Institute of Child Development | Andrea Good    | Thesis Reader           |
| Psychology                     | Amy Kubat      | Thesis Reader           |

### **Graduate Student Activities**

#### **Master's Degree Completed**

|  |                  |
|--|------------------|
| Samantha LeBouef<br>Family Social Science (2018) | Adviser          |
| Angela Holth<br>Family Social Science (2017)     | Co-Adviser       |
| Lauren Mitchell                                  | Committee Member |

|   |                  |
|---|------------------|
| Psychology (2015)                                     |                  |
| Meaghan Nelson<br>Family Social Science (2012)        | Committee Member |
| Jessie Connell<br>Family Social Science (2011)        | Adviser          |
| Jessica Rich<br>Curriculum & Instruction (2011)       | Committee Member |
| Kirsten O'Brien<br>Sociology (2011)                   | Committee Member |
| Chelsea Petree<br>Family Social Science (2009)        | Adviser          |
| Di Samek<br>Family Social Science (2009)              | Committee Member |
| SooHong Kim<br>Curriculum & Instruction (2006)        | Committee Member |
| Mary Alice Chaney<br>Design, Housing & Apparel (2005) | Committee Member |
| Melissa Grzybowski<br>Food Science & Nutrition (2004) | Committee Member |
| <b>Doctoral Degree Completed</b>                      |                  |
| Samantha LeBouef<br>Family Social Science (2023)      | Adviser          |
| Sloan Okrey Anderson<br>Family Social Science (2022)  | Committee Member |
| Angela Keyzers<br>Family Social Science (2021)        | Adviser          |
| Sarah Burcher<br>Family Social Science (2021)         | Committee Member |
| Hailey Holmgren<br>Family Social Science (2020)       | Adviser          |



|  |                  |
|--|------------------|
| Pooja Brar<br>Family Social Science (2019)     | Adviser          |
| Heather Hessel<br>Family Social Science (2018) | Adviser          |
| Kate Gliske<br>Family Social Science (2017)    | Committee Member |
| Yaliu He<br>Family Social Science (2016)       | Co-Adviser       |
| Kayla Anderson<br>Family Social Science (2016) | Committee Member |
| Jessie Rudi<br>Family Social Science (2015)    | Adviser          |
| Jennifer Doty<br>Family Social Science (2015)  | Adviser          |
| Alison Phillips<br>Kinesiology (2015)          | Committee Member |
| Patrick Cheek<br>Family Social Science (2015)  | Committee Member |
| Amy Walkner<br>Family Social Science (2015)    | Committee Member |
| Heeran Kim<br>Curriculum & Instruction (2014)  | Committee Member |
| Chelsea Petree<br>Family Social Science (2013) | Adviser          |
| Juyoung Jang<br>Family Social Science (2013)   | Committee Member |
| Diana Samek<br>Family Social Science (2012)    | Committee Member |
| Bibiana Koh<br>Family Social Science (2012)    | Committee Member |

|   |                  |
|---|------------------|
| Katie Joachim<br>Educational Psychology (2012)                    | Committee Member |
| Jessie Everts<br>Family Social Science (2011)                     | Adviser          |
| Chris Gonzalez<br>Family Social Science (2010)                    | Adviser          |
| Kristin Schneider-Dillon<br>Family Social Science (2010)          | Co-Adviser       |
| Clinton Gudmunson<br>Family Social Science (2010)                 | Committee Member |
| Nicole Bolter<br>Kinesiology (2010)                               | Committee Member |
| Brian Willoughby<br>Family Social Science (2009)                  | Committee Member |
| Kevin Green<br>Family Social Science (2007)                       | Adviser          |
| <b>Doctoral Degree in progress</b>                                |                  |
| Kathy Vasquez<br>Family Social Science (expected Spring 2025)     | Adviser          |
| Eunyoung Park<br>Family Social Science (expected Spring 2026)     | Adviser          |
| Vianney Binamungu<br>Family Social Science (expected Spring 2027) | Co-Adviser       |
| <b>Master's Degree in progress</b>                                |                  |
| Susan Susanti<br>Family Social Science (expected Spring 2025)     | Co-Adviser       |

## **SERVICE AND PUBLIC OUTREACH**

### **Service to The Discipline/Profession/Interdisciplinary Area(s)**

***Editorships/Journal Reviewer Experience***

Editorial Board, 2020-present  
Adolescents

Reviewer, 2020  
JMIR Mental Health

Reviewer, 2020  
Advances in Lifecourse Research

Reviewer, 2019  
Computers in Human Behavior

Reviewer, 2017  
Journal of Early Adolescence

Reviewer, 2017-present  
Journal of Youth Development

Reviewer, 2016  
Youth & Society

Reviewer, 2016  
Journal of Family Studies

Reviewer, 2016  
Contemporary Perspectives in Family Research

Reviewer, 2016  
SpringerPlus

Reviewer, 2015-Present  
Cyberpsychology: Journal of Psychosocial Research on Cyberspace

Reviewer, 2015  
Applied Developmental Science

Reviewer, 2014  
Parenting: Science and Practice

Reviewer, 2013-Present  
Family Relations

Reviewer, 2013  
International Journal of Sport and Exercise Psychology

Reviewer, 2012-Present  
Journal of Social and Personal Relationships

Reviewer, 2010-Present  
Journal of Adolescence

Ad Hoc Reviewer, 2010  
Sociological Inquiry

Reviewer, 2012-Present  
Consulting Editor, 2009-2012  
Developmental Psychology

Reviewer, 2009-Present  
Journal of Family Issues

Ad Hoc Reviewer, 2008  
Journal of Prevention and Intervention in the Community

Editorial Board, 2007-Present  
Journal of Youth and Adolescence

Reviewer, 2006-Present  
Journal of Adolescent Research

Reviewer, 2005-Present  
Child Development

Reviewer, 2005-2007  
Journal of Youth and Adolescence

Reviewer, 2004-Present  
Journal of Research on Adolescence

Content Reviewer, 2003  
Building Partnerships for Youth [Online] Available: <http://msg.calsnet.arizona.edu/fcs/>

Ad Hoc Reviewer, 2002  
Journal of Teaching Marriage and Family: Innovations in Family Science Education

***Review of Abstracts for Professional Meetings***

Panel Co-Chair, 2022  
Society for Research on Adolescence, Technology and Media Panel

Panel Chair, 2019  
Society for Research on Adolescence, Technology and Media Section

Reviewer, 2016  
Society for Research in Child Development Biennial Meeting

Reviewer, 2015  
Society for Research on Adolescence Biennial Meeting, Technology and Media Section

Reviewer, 2003, 2004, 2005, 2006, 2008, 2009, 2010, 2011, 2012, 2015, 2017, 2018, 2019, 2020, 2022, 2023  
Annual Meeting of the National Council on Family Relations, Education & Enrichment Section

Reviewer, 2005  
Annual Meeting of the National Council on Family Relations, Student/New Professional Section

Reviewer, 2005, 2013  
Society for Research on Adolescence Biennial Meeting, Family Section

***Other review activities***

Chapter Reviewer for Parenting and Children's Resilience in Military Families (2015)

Reviewer of book proposal on parenting teens for Barron's Educational Series (2013)

***Review panels for external funding agencies, foundations, etc.***

External Reviewer for a research proposal submitted under the call *Transformations: Social and cultural dynamics in the digital age*, organised by the network of research funding organisations CHANSE (Collaboration of Humanities and Social Sciences in Europe), co-funded by the European Commission (2022, February)

External Reviewer for Israel Science Foundation Grant Application – Topic: parents digital coping in conflict affected areas (2021, March)

External Reviewer for Swiss National Science Foundation Grant Application – Topic: information and communication technologies and parent-child relationships (2020, July)

Review Panel for Tribal Colleges Extension Services Program - grant program administered through the U.S. Department of Agriculture—National Institute of Food and Agriculture (NIFA) (2010, May)

Invited to serve as an external expert reviewer of a National Science Foundation proposal because of my expertise in the areas of research covered by the Developmental and Learning Sciences Program (2007)

### ***Other Professional Service***

2014-2020 External Advisory Committee Member to the Department of Human Development and Family Studies, University of Illinois, Urbana-Champaign

### ***National Leadership***

- 2022-2023 Chair, Search Committee for Editor of *Family Relations*
- 2018-2020 Chair, National Awards Committee for Family Life and Human Development State Extension Specialists
- 2018 Chair, Ruth Hathaway Jewson Dissertation Award Selection Committee, National Council on Family Relations
- 2017-2020 National Council on Family Relations Elections Council (Chair 2020)
- 2014-2017 Member, Ruth Hathaway Jewson Dissertation Award Selection Committee, National Council on Family Relations
- 2012-2017 Online News Editor, Society for Research on Adolescence Online News
- 2011-2012 Associate co-Editor, New in Science, Society for Research on Adolescence Online News
- 2009-2013 Family Life Education Resources Advisory Council, National Council on Family Relations
- 2008-2010 National Council on Family Relations, Secretary/Treasurer Education and Enrichment Section officer
- 2007-2012 eXtension Just in Time Parenting Advisory Team
- 2007-2010 Chair, Ernest Osborne Teaching Award, National Council on Family Relations

- 2007 Member, Education & Enrichment Section Nominating Committee, National Council on Family Relations
- 2007 Member, Planning committee for National Extension Family Life Specialists Pre-conference held at the National Council on Family Relations annual conference
- 2007-2018 Member, National Awards Committee for Family Life and Human Development State Extension Specialists
- 2006-2007 Member, Futuring for Families visioning committee to bridge FCS disciplines
- 2006 Co-Chair, National Extension Family Life Specialists Pre-conference held at the National Council on Family Relations annual conference
- 2006 Reviewer, Ruth Hathaway Jewson Dissertation Proposal Award, National Council on Family Relations
- 2005 Reviewer, Ernest Osborne Teaching Award, National Council on Family Relations
- 2004-2006 Student/New Professional Education and Enrichment Section officer, National Council on Family Relations

### ***Consulting***

Reviewer of Approved Children, Youth, and Families At-Risk (CYFAR) Common Measures, National Institute of Food and Agriculture (July, 2012)

Participated in the Family Life Education Framework Revision Focus Group sponsored by the National Council on Family Relations (April, 2010)

Member of stakeholder group to provide strategic advice, feedback and information to expand one of the Governor's initiatives, the Minnesota ParentsKnow Website ([www.MNParentsKnow.info](http://www.MNParentsKnow.info))

Hennepin County Youth Sports and Activities Planning Advisory Team (September 2007 – January 2008)

Evaluator of family engagement strategies, April-August 2007  
Minnesota Alliance With Youth AmeriCorps Promise Fellows program

### **Service to The University/College/Department**

***University of Minnesota***

**University**

- 2017-Present Campus Curriculum Committee
- 2009-Present Alcohol Policy and Abuse Prevention Committee
- 2004-2012 Addiction Studies Faculty Committee
- 2004 Reviewer, Digital Media Center Technology Learning Center grants

**Department (Family Social Science, University of Minnesota)**

- 2022 Chair, Admissions Committee
- 2022 Chair, Search Committee, Department Administrator
- 2022 Search Committee, Assistant Teaching Professor
- 2021 Admissions Committee
- 2021-present Leadership Team
- 2021 Search Committee, Graduate Program Coordinator
- 2021 Search Committee, Parent and Family Education Academic Advisor
- 2020 Chair, Search Committee, Administrative Director
- 2017 Search Committee, Graduate Program Support
- 2017 Search Committee, Senior Communications Specialist
- 2016-2017 Chair, Undergraduate Committee
- 2016-2022 Awards and Fellowship Committee
- 2016 Chair, Faculty Workload Committee
- 2015-2016 Member, Instructional Designer Search Committee
- 2014-2015 Agricultural Experiment Station Fund Workgroup
- 2013-2016 Director of Graduate Studies
- 2013-2018 Member, Strategic Advisory Committee



- 2013 Chair, Graduate Curriculum Revision Committee
- 2013 Chair, Family/Parenting Faculty Search Committee
- 2013 Member, Couple and Family Therapy Faculty Search Committee
- 2013 Member, Department Head Search Committee
- 2013-2020 Graduate Student Assistantship Committee
- 2012-2013 Chair, Graduate Student Assistantship Committee
- 2012-2013 Member, Awards and Scholarship Committee
- 2010-2011 Chair, Awards and Scholarship Committee
- 2007-2009 Examination and Evaluation Committee
- 2007 Member, search committee, Social Worker, The Minnesota Healthy Marriage and Responsible Fatherhood Initiative
- 2006 Graduate Student Recruitment Task Force
- 2005 Member, search committee, Community-Campus Health Outreach Liaison
- 2004-2006 Member, Department Head Consultative Committee
- 2004-2006 Chair, Extension Management Unit
- 2004-2006 Member, Awards and Scholarship Committee
- 2005 Member, Examination task force
- 2005 Member, search committee, Lecturer
- 2004 Member, search committee, Project Coordinator, The Minnesota Healthy Marriage and Responsible Fatherhood Initiative
- 2004 Co-chair, Welcome Weekend for prospective graduate students
- 2003-2007 Faculty Adviser and Founder, Minnesota Student Council on Family Relations, a student affiliate of the National Council on Family Relations
- 2003-2004 Web Redesign Team
- 2002-2005 Co-chair, Graduate Admissions Committee

**College (College of Human Ecology, University of Minnesota)**

- 2006 Member, search committee, Youth Studies Assistant Professor, School of Social Work
- 2005-2006 Chair, Honors and Awards Committee
- 2004-2005 Member, Honors and Awards Committee
- 2003-2006 E-Scholarship Task Force

**College (College of Education and Human Development (CEHD), University of Minnesota). The Department of Family Social Science joined CEHD in 2006.**

- 2018-2020 Academic Leadership Team
- 2017 Member, School of Social Work Search Committee
- 2016 Reviewer, Seashore Graduate Fellowship
- 2015-2016 Curriculum Council, Full Committee Chair & Chair of Graduate Subcommittee
- 2014-2015 Curriculum Council, Graduate Subcommittee Vice-Chair
- 2013-2016 Member, Curriculum Council
- 2008-2010 Member, Dean's Governing Council
- 2006-2007 Chair, Committee on Information Technology
- 2006-2007 Member, search committee, Family Education faculty position, Department of Curriculum & Instruction
- 2005-2006 Member, Committee on Academic Uses of Technology

**UM-Extension**

- 2022-present Extension Faculty Consultative Committee
- 2012-2013 Program Conference Planning Committee
- 2011-2012 Extension Engaged Department Grant
- 2011 Strategic Planning Committee

2009-2010 Past-Chair, Extension Faculty Consultative Committee

2008-2009 Chair, Extension Faculty Consultative Committee

2006-2008 Member, Extension Faculty Consultative Committee

**UM-Extension (Center for Family Development, University of Minnesota)**

2015 Member, Fall Conference Planning Committee

2012 Member, search committee for four Regional Extension Educators

2012 Member, Family Development promotion review committee

2006 Reviewer, Investment Funds Selection Committee

2006 Member, search committee, Family Relations Regional Extension Educator

2003-2004 Capacity Area Leadership Team

2003 Capacity Area Program Priority Committee – Building Strengths for Underserved and Transitioning Families

2003 Family Living Promotion Task Force

**UM-Extension (Center for Youth Development, University of Minnesota)**

2007-Present Member, Youth Development promotion review committee

2004 Member, search committee, Area Program Leader, Community Youth Development, Center for 4-H Youth Development