

Avelina Rivero, Ph.D.

University of Minnesota
Department of Family Social Science
1985 Buford Ave
St. Paul, MN 55108

river896@umn.edu
612-625-1900
avelinarivero.com
ORCID: 0000-0002-6591-1943

EDUCATION

- 2022 – 2024 Doctor in Philosophy (**Ph.D.**), Human Environmental Sciences, Emphasis in Human Development and Family Science
Graduate Certificate in Quantitative Research
The University of Missouri
- 2019 – 2021 Master of Science (**M.S.**), Human Development and Family Science
The University of Missouri
- 2015 – 2019 Bachelor of Science (**B.S.**), Family Studies and Human Development
The University of Arizona
Graduated with Honors and *Summa Cum Laude*

PROFESSIONAL EXPERIENCE

- 2024 –Present **Assistant Professor**, Department of Family Social Science, University of Minnesota, Twin Cities
- 2024 –Present **Extension Specialist**, University of Minnesota Extension

PUBLICATIONS

ACCEPTED

- Boron, D. E., Killoren, S. E., Monk, J. K., **Rivero, A.**, Kanter, J. B., & Proulx, C. M. (2024). Romantic partner communication, familism values, and Latine young adults' relationship maintenance. *Journal of Social and Personal Relationships*, 0(0). <https://doi.org/10.1177/02654075241249176>
- Rivero, A.**, Killoren, S. E., & Campione-Barr, N. (2023). Latinas' internalization of US beauty ideals as a moderator of the relations between appearance-related messages from family members and Latinas' depressive symptoms. *Journal of Social and Personal Relationships*, 41(4), 846-866. <https://doi.org/10.1177/02654075231215827>
- Rivero, A.**, Killoren, S. E., Kline, G., & Campione-Barr, N. (2022). Negative messages from parents and sisters and Latina college students' body image shame. *Body Image*, 42, 98-109. <https://doi.org/10.1016/j.bodyim.2022.05.011>

Ogan, M. A., Monk, J. K., Killoren, S. E., **Rivero, A.**, Colaner, C., & Carlos Chavez, F. L. (2022). The effects of discrimination and psychological distress on U.S. Latino/a young adults' relational uncertainty and relationship instability. *Cultural Diversity and Ethnic Minority Psychology*. Advance online publication. <https://doi.org/10.1037/cdp0000567>

Killoren, S. E., Roos, J., Bordere, T., Randall, A. K., **Rivero, A.**, Alfaro, E. C., Campione-Barr, N., & Jones, S. K. (2022). Perceived discrimination and Latina college students' depressive symptoms: The roles of dyadic coping with sisters and familism values. *Family Process*. <https://doi.org/10.1111/famp.12822>

Killoren, S. E., Monk, J. K., **Rivero, A.**, Quinn, D. & Kline, G. C. (2021). Romantic partners' weight criticism and Latina/o young adults' relationship instability. *Journal of Social and Personal Relationships*, 39(2), 264-284. <https://doi.org/10.1177/02654075211035440>

REVISE AND RESUBMIT

Rivero, A., Kline, G. C., Killoren, S. E., & Campione-Barr, N. (RnR). Perceived body-related parental differential treatment and Latinas' body appreciation, body image shame, and depressive symptoms.

IN PREPARATION

Rivero, A., Killoren, S. E., Campione-Barr, N., & Bámaca, M. Y. (In Preparation). A longitudinal study examining parental behaviors, adolescent routine disclosure and Mexican-origin adolescent girls' anxiety, depressive symptoms, and self-esteem.

Hoover, B., **Rivero, A.**, Payton, J., Hernandez, P., & Killoren, S.E. (In Preparation). "Well, if I don't eat, he can't say anything": A qualitative analysis of father-daughter interactions and influences on young women's body image development.

Killoren, S., **Rivero, A.**, Campione-Barr, C., Quinn, D., Payton, J., & Cord, C. (In Preparation). Parents' psychological control and Latina young women's depressive symptoms: Examining the role of sisters' dyadic coping.

Rivero, A. & Killoren, S, E. (In Preparation). Weight/size teasing experiences and Latinas' weight loss restrictive behaviors: Can sibling dyadic coping protect Latinas?

Rivero, A., Kline, G. C., Killoren, S. E., & Campione-Barr, N. (In Preparation). Moderating role of familism on associations between parental warmth and psychological control and Latinas' self-kindness and judgement.

BOOK CHAPTERS

Killoren, S. E., **Rivero, A.**, & Bámaca, M. (2025). Familism values and disclosure among Latinx youth. In J. Smetana, N. Campione-Barr, & L. Tilton-Weaver (Eds.). *Handbook of Parental Monitoring and Adolescent Information Management*. Cambridge University Press.

OTHER PUBLICATIONS

Rivero, A., Ogan, M. A., Monk, J. K., & Quinn, D. (2022). Youth mental health [Extension fact sheet]. University of Missouri Extension, Columbia, Mo.

Quinn, D., Ogan, M. A., **Rivero, A.,** & Monk, J. K. (2022). Youth substance use [Extension fact sheet]. University of Missouri Extension, Columbia, Mo.

Ogan, M.A., Monk, J. K., Quinn, D., & **Rivero, A.** (2022). Maintaining intimate relationships [Extension fact sheet]. University of Missouri Extension, Columbia, Mo.

NATIONAL CONFERENCE PRESENTATIONS

Rivero, A. & Killoren, S. E., Campione-Barr, N., & Bámaca, M. (2024, November). A longitudinal study examining parental behaviors, adolescent routine disclosure and Mexican-origin adolescent girls' anxiety, depressive symptoms, and self-esteem. National Council on Family Relations, Bellevue, WA.

Hernandez, P., **Rivero, A.,** Salinas, E., & Killoren, S. E. (2024, April). Latinx college students' perspectives on family behaviors contributing to academic success. Society for Research on Adolescence, Chicago, IL.

Hoover, B., **Rivero, A.,** Payton, J., & Hernandez, P. (2024, April). "Well, if I don't eat, he can't say anything": A qualitative analysis of father-daughter interactions and influences on young women's body image. Society for Research on Adolescence, Chicago, IL.

Boron, D., **Rivero, A.,** Payton, J., Killoren, S. E., Hoover, B., & Landon, O. (2024, April). "Please stop judging me": How body-related comments from family and peers are related to young women's cognitions and behaviors. Society for Research on Adolescence, Chicago, IL.

Rivero, A. & Killoren, S. E. (2024, March). Negative eating and weight messages from parents and Latina college students' body image shame: Can sibling dyadic coping protect Latinas? The American Association of Hispanics in Higher Education 19th Annual Conference, St. Louis, MO.

Rivero, A. & Killoren, S. E. (2023, November). Negative eating and weight messages from parents and Latina college students' body image shame: Can sibling dyadic coping protect Latinas? National Council on Family Relations, Orlando, FL.

Killoren, S. E., **Rivero, A.,** Quinn, D., Payton, J., Cord, C., & Campione-Barr, N. (2023, November). Parents' psychological control and Latine young women's depressive symptoms: Examining the role of sisters' dyadic coping. National Council on Family Relations, Orlando, FL.

Rivero, A. & Killoren, S. E. (2023, October). The indirect effect of body image on acculturative stress and depressive symptoms in Latinx young adults. National Latinx Psychological Association, Chicago, IL.

- Killoren, S. E., **Rivero, A.**, Roos, J., Campione-Barr, N., & Palermo, F. (2023, June). Latina young women's dyadic coping with sisters. Cambio de Colores, Columbia, MO.
- Rivero, A.** & Killoren, S. E. (2023, June). Negative eating and weight messages from parents and Latina college students' body image shame: Can sibling dyadic coping protect Latinas?. Cambio de Colores, Columbia, MO.
- Quinn, D., **Rivero, A.**, Roos, J., Salinas, E., Payton, J., Stepzinski, C., & Killoren, S. E. (2023, April). Negative eating and weight messages from mothers, fathers, and sisters, and Latina young women's fear of fatness and depressive symptoms. Society for Research on Adolescence, San Diego, CA.
- Rivero, A.** & Killoren, S. E. (2023, April). Acculturative stress and Latinx young adults' body image and depressive symptoms. Society for Research on Adolescence, San Diego, CA.
- Thomas, R., **Rivero, A.**, Coulter, K., Delgado, M., & Nair, R. (2022, November). Importance of familial modeling: Examining the association between parental educational modeling and reading habits through reading attitudes among Latinx adolescents. National Council on Family Relations, Minneapolis, MN.
- Rivero, A.**, Kline, G. C., & Killoren, S. E. (2022, November). Moderating role of familism on associations between parental warmth and psychological control and Latinas' self-kindness and judgement. National Council on Family Relations, Minneapolis, MN.
- Rivero, A.** & Killoren, S. E. (2022, October). Sociocultural attitudes as a moderator of the relations between negative eating and weight messages from family members and Latinas' depressive symptoms. National Latinx Psychological Association, Denver, CO.
- Rivero, A.**, Killoren, S. E., & Campione-Barr, N. (2022, June). Body-related parental differential treatment and Latinas' body appreciation, body image shame, and depressive symptoms. Cambio de Colores, St. Louis, MO.
- Jones, S., Kline, G. C., **Rivero, A.**, & Killoren, S. E. (2021, November). Latina sisters' relationship quality, internalized attitudes, and self-compassion. National Council on Family Relations, Online.
- Rivero, A.**, Kline, G. C., & Killoren, S. E. (2021, September). Examining the role of weight/size teasing on Latinas' body image. Midwest Women in Science Conference, Online.
- Rivero, A.**, Kline, G. C., & Killoren, S. E. (2021, June). Examining the role of weight/size teasing on Latinas' body image. Cambio de Colores, St. Louis, MO.
- Rivero, A.**, Kline, G. C., & Killoren, S. E. (2020, November). Examining the role of family influences on Latinas' body image. National Council on Family Relations, Online.

- Killoren, S. E., Monk, K., **Rivero, A.**, Quinn, D., Kline, G. C., & Thomas, C. (2020, November). Romantic partners' weight criticism and Latina/o/x young adults' relationship instability. National Council on Family Relations, Online.
- Jones, S., Kline, G. C., **Rivero, A.**, Killoren, S. E., & Monk, J. (2020, March). Acculturative stress and body appreciation among U.S. Latino/a young adults. Society for Research on Adolescence, San Diego, CA.
- Thomas, R., Cruze, A., Ruedas, M., **Rivero, A.**, & Paredes, F. (2019, March). Examining Latino adolescents' gender and STEM identities in relation to STEM commitment and grades. Society for Research in Child Development, Baltimore, MD.

UNIVERSITY PRESENTATIONS

- Garcia, A. & **Rivero, A.** (2024, April). When parents engage in leisure, children also benefit. Show Me Well-being Conference. Columbia, MO.
- Hernandez, P., **Rivero, A.**, Salinas, E., & Killoren, S. E. (2023, July). Familial behaviors that contribute to Latinx college students' success. NSF Funded Undergraduate Summer Research Program.
- Hoover, B., **Rivero, A.**, & Killoren, S. E. (2023, April). A Qualitative analysis of father-daughter interactions and influences on young women's perceptions of body image . Poster presentation at the 2023 Human Development and Family Science Research Symposium. University of Missouri, Columbia, MO.
- Rivero, A.** & Killoren, S. E. (2023, April). Negative eating and weight messages from parents and Latina college students' body image shame: Can sibling dyadic coping protect Latinas?. PowerPoint presentation at the 39th Annual Research & Creative Activities Forum (RCAF). University of Missouri, Columbia, MO.
- Monk, J. K., Harper, J., **Rivero, A.**, Talley, K., Quinn, D., Huff, L., Haas, A., Edmiston, T., & Ogan, M. A., (2022, October). Concordance of health: The contextual importance of couple and family relationships in health programming. Poster presentation at the MU Extension & Engagement Week. University of Missouri, Columbia, MO.
- Rivero, A.**, Kline, G. C., & Killoren, S. E. (2022, April). Moderating role of familism on associations between parental warmth and psychological control and Latinas' self-kindness and judgment. Poster presentation at the 38th Annual Research & Creative Activities Forum (RCAF). University of Missouri, Columbia, MO.
- Rivero, A.**, Kline, G. C., & Killoren, S. E. (2022, April). Moderating role of familism on associations between parental warmth and psychological control and Latinas' self-kindness and judgment. Poster presentation at the 2022 Human Development and Family Science Research Symposium. University of Missouri, Columbia, MO.

- Rivero, A., & Hunt, J. E.** (2019, April). Creating safe schools for LGBTQ youth, Honors Engagement Expo, University of Arizona, Tucson, AZ.
- Rivero, A., & Hunt, J. E.** (2019, April). Creating safe schools for LGBTQ youth, Francis McClelland Institute Student Poster Colloquium, University of Arizona, Tucson, AZ.
- Rivero, A., Ramirez, Y., Reed, M., & Vierra, A.** (2019, April). Institutional strategies for addressing student food & housing insecurity; Differences by proportion of Pell-grant recipients, Francis McClelland Institute Student Poster Colloquium, University of Arizona, Tucson, AZ.
- Rivero, A., Zeiders, K. H., Pech, A. S., Nair, R. L., & Hoyt, L. T.** (2018, April). The 2016 Presidential election's impact on adolescents' anxiety and somatic symptoms. Poster presentation at the 2018 Francis McClelland Institute Student Poster Colloquium, University of Arizona, Tucson, AZ.

INVITED PRESENTATIONS & WORKSHOPS

- Rivero, A.** (2023, October). "You Sound Like a White Girl: The Case for Rejecting Assimilation." Book discussion invited by The Bridge at The University of Missouri.
- Rivero, A.** (2023, October). The forgotten relationship: The importance of sibling relationships. Research discussion invited by The Bridge at The University of Missouri.
- Rivero, A.** (2023, June). Sibling relationships in Latiné/x families. Guest lecture for 190 Latinx Youth and Families invited by Dr. Mayra Bámaca at the University of California, Merced.
- Rivero, A.** (2023, March). Do it for yourself: Mindfulness and body workshop. Workshop invited by The Bridge at The University of Missouri.
- Rivero, A.** (2022, October). Siblings' role on body image. Guest Lecture for 4640 Interpersonal Relationships. The University of Missouri.
- Rivero, A.** (2022, October). Emerging adulthood. Guest Lecture for 2400 Principles of Human Development. The University of Missouri.
- Rivero, A.** (2021, October). Sibling relationships. Guest Lecture for 4640 Interpersonal Relationships. The University of Missouri.
- Rivero, A., Killoren, S. E., & Kline, G. C.** (2020, December). Examining the role of family influences on Latinas' body image. Panel by Cambio Center Student Fellows: Three Methodological Approaches to Understand the Impact of Interactions and Collaboration in Different Scenarios. University of Missouri.

HONORS & AWARDS

2024	College of Education & Human Development Graduate Student Outstanding Research & Scholarship, University of Missouri
2023	Professional Presentation Travel Scholarship, University of Missouri (\$500)
2023	Graduate Professional Council Conference Presentation Travel Award, University of Missouri (\$500)
2023 – 2024	Graduate Scholars of Excellence, University of Missouri (\$3,000)
2023 – 2024	American Association of Hispanics in Higher Education Graduate Student Fellowship (\$1,000)
2023 – 2024	Elizabeth Vemer Memorial Scholarship, University of Missouri (\$1,666)
2023 – 2024	Family and Consumer Science Education Scholarship, University of Missouri (\$1,525)
2022	Graduate Professional Council Conference Presentation Travel Award, University of Missouri (\$400)
2022 – 2023	Elizabeth Vemer Memorial Minority Scholarship, University of Missouri (\$1,750)
2022 – 2023	Lawrence H. Ganong Graduate Fellowship, University of Missouri (\$2,500)
2022	Graduate Professional Council Conference Presentation Travel Award, University of Missouri (\$600)
2021 – 2022	Elizabeth Vemer Memorial Minority Scholarship, University of Missouri (\$2,000)
2021 – 2022	Z. Lois Bryant Memorial Scholarship, University of Missouri (\$1,750)
2021 – 2022	HES Continuing Student Scholarship, University of Missouri (\$500)
	Elizabeth Vemer Memorial Minority Scholarship, University of Missouri (\$3,000)
2020 – 2021	Lawrence H. Ganong Graduate Fellowship, University of Missouri (\$5,000)
2020 – 2021	Z. Lois Bryant Memorial Scholarship, University of Missouri (\$2,000)
2019 – 2024	Gus T. Ridgel Fellowship, University of Missouri (\$16,000)
2019 – 2020	Marion K. and Vernon W. Piper Distinguished Doctoral Fellowship, University of Missouri (\$9,000)
2019	Honors Legacy Award Professional Development, University of Arizona (\$1000)
2019	Honors Legacy Award Travel Support, University of Arizona (\$400)
2019	Arizona Assurance Brown Scholarship (\$2,117)
2019	LEAP Grant, University of Arizona (\$1,000)
2018	Academic Year Highest Academic Distinction, University of Arizona
2018	Honors Arizona Assurance Engagement Scholarship, University of Arizona (\$400)
2017	Department GPA Honorable Mention, University of Arizona
2017	Academic Year Academic Distinction, University of Arizona
2017	Dean's List, University of Arizona
2016 – 2019	Honors Fee Scholarship, University of Arizona (\$500)
2016 – 2019	Dean's List with Distinction, University of Arizona
2015 – 2019	Arizona Assurance Scholar, University of Arizona (\$16,940)

RESEARCH EXPERIENCE

- 2023 – 2024 **Scholar-Affiliate**, Interdisciplinary Migration Studies Institute,
University of Missouri
- 2023 **Graduate Research Assistant**, *Impact of Hazards*
Principal Investigator: Dr. Corinne Valdivia, University of Missouri
- 2019 – 2024 **Graduate Research Assistant and Project Coordinator**, *Accept Love*
Legitimize (ALL) Bodies
Principal Investigator: Dr. Sarah E. Killoren, University of Missouri
- 2019 **Undergraduate Research Assistant**, *Food and Housing Insecurity Project*
Principal Investigators: Dr. Timothy M. Ottusch and Dr. Katherine E. Speirs,
University of Arizona
- 2019 **Undergraduate Research Assistant**, *el Proyecto Voces (“The Voices*
Project”)
Principal Investigator: Dr. Melissa Y. Delgado, University of Arizona
- 2018 – 2019 **Honors Senior Thesis**, *Creating Safe Schools for LGBTQ*
Faculty Mentor: Dr. James Hunt, University of Arizona
- 2018 **Undergraduate Research Assistant**, *The 2016 Presidential Election Study*
Faculty Mentor: Dr. Katharine H. Zeiders, University of Arizona

TEACHING EXPERIENCE

- 2023 – 2024 **2400 Principles of Human Development**
Human Development and Family Science, University of Missouri
Graduate Instructor
- 2022 **3430 Adolescence and Young Adulthood**
Human Development and Family Science, University of Missouri
Graduate Instructor
- 2022 **4200 Latino/a Youth & Families**
Human Development and Family Science, University of Missouri
Teaching Practicum with Dr. Francisco Palermo
- 2021 **Youth Development Specialist – LEAP Project**
Boys and Girls Club, Arizona

2019 – 2021 **2400 Principles of Human Development (Writing Intensive)**
Human Development and Family Science, University of Missouri
Graduate Teaching Assistant for Dr. Ashlie Lester and Dr. Tashel Border

EXTENSION EXPERIENCE

2023 – 2024 **MU Extension Health and Human Sciences**
University of Missouri
2023 – 2024 **Youth Futures: College and Careers Within Reach Program**
4-H Extension, University of Missouri
2022 – 2024 **Juntos (“Together”)**
4-H Extension, University of Missouri
2022 – 2024 **Focus on Kids (FOK)**
Extension, University of Missouri

PROFESSIONAL SERVICE

2024 – Present **Social Media Representative**, *Society for Research on Adolescence*
2024 – 2026 **Co-Chair**, Latino(a) Research Focus Group, *National Council on Family Relations*

AD HOC REVIEWER FOR SCHOLARLY JOURNALS

2023 **AD-HOC Journal Reviewer**, Journal of Family Relations
2023 **AD-HOC Journal Reviewer**, Dove Medical Press Journal
2022 **AD-HOC Journal Reviewer**, Journal of Body Image

UNIVERSITY AND DEPARTMENTAL SERVICE

2024 **Planning Committee Member**, Orgullo Latin: Honoring our Graduates Graduation Ceremony
2024 **Panelist**, Graduate School Survival for McNair Scholars
2023 **Panelist**, Graduate School Follow-Up for McNair Scholars
2023 **Planning Committee Member**, 2024 Cambio de Colores Pre-Conference Planning
2023 **Session Moderator**, Wednesday Wonderings at the Bridge
2023 – 2024 **Social Media Coordinator**, Society for Advancement of Chicanos/Hispanics & Native Americans in Science (SACNAS)
2023 **Panelist**, Graduate Teaching Orientation for Incoming Graduate Instructors
2023 **Panelist**, Student Meeting at the 2023 Cambio de Colores Conference
2023 – 2024 **Faculty Liaison**, Department of Human Development and Family Science
Lead Planner & Organizer, Orgullo Latine/a/o: Honoring our Graduates Graduation Ceremony
2023 **Youth Development Committee Member**, 2023 Cambio de Colores Pre-Conference Planning

2023	Speaker , Luchadora: Immigrant and Diasporic Latine Experience in the Midwest
2023	Panelist , Opportunities in Education Beyond the Classroom for the Dorsey Leadership Academy
2023	Facilitator , Womxn of Color Writing Group
2023	Panelist , Inspiring Latinas at Mizzou: Charla & Network
2023 – 2024	Youth Development Committee Member , 2022 Cambio de Colores Pre-Conference Planning
2022	Graduate Student Representative , Love Your Body Fair
2022	Graduate Student Representative , ¡El Guateque Latinx!
2022 – 2024	Committee Member & Graduate Student Representative , CEHD IDE Committee
2022 – 2024	Student Advisory Committee Member , The Bridge
2022	Panelist , Undergraduate Seminar: Publishing & Conferences
2022	Reviewer , 2022 Undergraduate Research Week at Mizzou
2022	Youth Development Abstract Reviewer , Conference Committee for Cambio de Colores Conference
2022	Panelist , Navigating Year Two & the Master’s Thesis, HDFS GSA
2021	Committee Member & Graduate Student Representative , HDFS NTT Extension 4-H Search Committee
2021	Graduate Student Representative , Poster Review Committee for CEHD Research Day
2021	Graduate Committee Member , HDFS Diversity Equity, and Inclusion Committee

RESEARCH TRAINING

2019	Qualitative Coding Kristin M. Anders, PhD, Kansas State University
2019	Focus Group Note taker Melissa Y. Delgado, PhD, University of Arizona

TEACHING TRAINING

2019	TA Writing Intensive Workshop Campus Writing Program
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GRANT TRAINING

2023	Apply for NIH Supplements: Why, When, and How Research, Innovation & Impact
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OTHER TRAINING

2023 **Youth Mental Health First Aider**
Mental Health First Aid from National Council for Mental Wellbeing

PUBLIC ENGAGEMENT AND TRANSLATED WORKS

Cole, A. K., Clark, A. J., & Gable, S. (n.d.). *Human relations promoting family strengths*. (A, **Rivero.**, Trans.). University of Missouri Extension, Columbia, Mo.

Communicating effectively with children. (A, **Rivero.**, Trans.). University of Missouri Extension, Columbia, Mo.

COMMUNITY ENGAGEMENT

2023 **Volunteer**, World Refugee Day Celebration (Columbia, Missouri)
2023 **Food & Shelter Volunteer**, AZ-CA Humanitarian Coalition (Yuma, Arizona)
2022 **Border Aid Volunteer**, AZ-CA Humanitarian Coalition (Yuma, Arizona)
2018 – 2019 **Mentor Project Coordinator**, Steve Daru Boys & Girls Club (Tucson, Arizona)
2015 – 2017 **Spanish Interpreter**, Rocky Point Medical Clinic (Puerto Peñasco, México)

ADDITIONAL SKILLS

LANGUAGES

Native Spanish speaker: ability to read, speak, and write

STATISTICAL SOFTWARE

Mplus; Qualtrics; R/RStudio; SPSS Statistics

PROFESSIONAL ASSOCIATIONS

2020 –present National Council on Family Relations (NCFR)
2020 –present Cambio Center Student Fellow
2019 – 2024 HDFS Graduate Student Association (GSA)
2019 – 2024 MU Council on Family Relations (MU-CFR)