



Twin Cities Campus

Family Social Science B.S.

Family Social Science

College of Education and Human Development

- Program Type: Baccalaureate
- Requirements for this program are current for Fall 2023
- Required credits to graduate with this degree: 120
- Required credits within the major: 56 to 58
- Degree: Bachelor of Science

Family social science is a multidisciplinary major for those who are interested in helping people, counseling, and understanding human relationships. This major prepares graduates for careers in working with individuals, families, or systems in human services. The major is enhanced by a required internship related to the student's specific program and career goals. Qualified graduates may continue their education through graduate study in family social science, prevention science, family education, marriage and family therapy, child and human development, social work, resource management, or allied health disciplines.

Program Delivery

This program is available:

- via classroom (the majority of instruction is face-to-face)

Admission Requirements

For information about University of Minnesota admission requirements, visit the [Office of Admissions website](#).

Required prerequisites

First Year Experience

All incoming CEHD Freshman must complete the First-Year Inquiry course EDHD 1525W

Take 0 - 4 credit(s) from the following:

- [EDHD 1525W](#) - CEHD First Year Experience [WI] (4.0 cr)
- [EDHD 1525V](#) - CEHD First Year Experience [WI] (4.0 cr)

General Requirements

All students are required to complete general University and college requirements including writing and liberal education courses. For more information about University-wide requirements, see the [liberal education requirements](#). Required courses for the major or minor in which a student receives a D grade (with or without plus or minus) do not count toward the major or minor (including transfer courses).

Program Requirements

At least 13 upper-division credits in the major must be taken at the University of Minnesota Twin Cities campus.

Preparatory Courses

Statistics

[EPSY 1261](#) - Understanding Data Stories through Visualization & Computing [MATH] (3.0 cr)
or [STAT 1001](#) - Introduction to the Ideas of Statistics [MATH] (4.0 cr)
or [STAT 3011](#) - Introduction to Statistical Analysis [MATH] (4.0 cr)
or [EPSY 3264](#) - Basic and Applied Statistics [MATH] (3.0 cr)

Additional Course

[FSOS 1101](#) - Intimate Relationships [SOCS] (4.0 cr)
or [FSOS 1201](#) - Human Development in Families: Lifespan [SOCS, DSJ] (4.0 cr)
or [FSOS 1211](#) - An Interdisciplinary Look at the Family in Multicultural America [DSJ, SOCS] (4.0 cr)

Communication Courses

[FSOS 1461](#) - Presentations at Work: Families, Communities, Nonprofits, and Schools [CIV] (3.0 cr)
or [OLPD 1461](#) - Presentations in Work Settings: Business & Marketing Education and Human Resource Development [CIV] (3.0 cr)
or [COMM 1101](#) - Introduction to Public Speaking [CIV] (3.0 cr)
or [COMM 1101H](#) - Honors: Introduction to Public Speaking [CIV] (3.0 cr)

Advanced Technical Writing

[YOST 3325W](#) - Project-Based Writing For Education and Human Development Majors [WI] (4.0 cr)
or [OLPD 3324W](#) - Writing in the Workplace for Education and Human Development Majors [WI] (4.0 cr)
or [ENGL 3027W](#) - The Essay [WI] (4.0 cr)



or [WRIT 3029W](#) - Business and Professional Writing [WI] (3.0 cr)
or [WRIT 3562W](#) - Technical and Professional Writing [WI] (4.0 cr)

Major Courses

[FSOS 2105](#) - Methods in Family Research (3.0 cr)
[FSOS 3102](#) - Family Systems and Diversity [SOCS, DSJ] (3.0 cr)
[FSOS 3105](#) - Technology in Parenting and Family Relationships [TS] (3.0 cr)
[FSOS 4104](#) - Family Psychology (3.0 cr)
[FSOS 4109W](#) - Family Theories [WI] (3.0 cr)

Upper Division Writing Intensive within the Major

Students are required to take one upper-division Writing Intensive course within the major. For Family Social Science majors 4109W is required. If that requirement has not been satisfied within the core major requirements, students must choose one course from the following list. Some of the courses may also fulfill other major requirements.

Take no more than 1 course(s) from the following:

- [FSOS 4109W](#) - Family Theories [WI] (3.0 cr)
- [FSOS 3222W](#) - Our Addicted World: Going Beyond the Individual in Looking at the Addiction [WI] (3.0 cr)
- [YOST 3325W](#) - Project-Based Writing For Education and Human Development Majors [WI] (4.0 cr)
- [OLPD 3324W](#) - Writing in the Workplace for Education and Human Development Majors [WI] (4.0 cr)
- [ENGL 3027W](#) - The Essay [WI] (4.0 cr)
- [WRIT 3029W](#) - Business and Professional Writing [WI] (3.0 cr)
- [WRIT 3562W](#) - Technical and Professional Writing [WI] (4.0 cr)
- [WRIT 3562V](#) - Honors: Technical and Professional Writing [WI] (4.0 cr)

Concentration Areas

Students MUST complete 12 credits from ONE concentration area and 12 additional credits. These additional credits can come from the other concentration areas OR from the family electives list.

Family and Community Engagement

This concentration will focus on nonprofit management, community development and evaluation, evidence-based programming, culturally relevant programming, family strengths, families navigating systems such as schools and hospitals.

[FSOS 2107](#) - Preparation for Family and Community Engagement (3.0 cr)
[FSOS 2103](#) - Family Policy (3.0 cr)
[FSOS 4107](#) - Traumatic Stress and Resilience in Vulnerable Families Across the Lifespan (3.0 cr)
[FSOS 4108](#) - Understanding and Working with Immigrants and Refugee Families [SOCS, DSJ] (3.0 cr)

or Family Therapy

This concentration will prepare students for clinical work at the Bachelors level, or to apply to graduate school and obtain a certification in MSW, MFT, CSPP, counseling psychology, or another area.

[FSOS 2101](#) - Preparation for Working With Families (3.0 cr)
[FSOS 3429](#) - Counseling Skills Practicum I (3.0 cr)
[FSOS 5429](#) - Counseling Skills Practicum I (3.0 cr)
[FSOS 4111](#) - Introduction to Family Therapy (3.0 cr)
[FSOS 3426](#) - Alcohol and Drugs: Families and Culture (3.0 cr)
or [FSOS 5426](#) - Alcohol and Drugs: Families and Culture (3.0 cr)
or [FSOS 4101](#) - Sexuality and Gender in Families and Close Relationships (3.0 cr)

or Family Financial Studies

This concentration will focus on preparing students to work with families around financial issues, as a financial coach, counselor, or other delivery methods.

[FSOS 2106](#) - Family Resource Management (3.0 cr)
[FSOS 3101](#) - Personal and Family Finances (3.0 cr)
[FSOS 4153](#) - Family Financial Counseling (3.0 cr)
[FSOS 2101](#) - Preparation for Working With Families (3.0 cr)
or [FSOS 2107](#) - Preparation for Family and Community Engagement (3.0 cr)

or Family Electives

Take up to 12 credits from the following.

[FSOS 1101](#) - Intimate Relationships [SOCS] (4.0 cr)
or [FSOS 1201](#) - Human Development in Families: Lifespan [SOCS, DSJ] (4.0 cr)
or [FSOS 1211](#) - An Interdisciplinary Look at the Family in Multicultural America [DSJ, SOCS] (4.0 cr)
or [FSOS 1301](#) - Cash or Credit: You Need to Know (1.0 cr)
or [FSOS 3222W](#) - Our Addicted World: Going Beyond the Individual in Looking at the Addiction [WI] (3.0 cr)
or [FSOS 3431](#) - Counseling Skills Practicum II (3.0 cr)
or [FSOS 4155](#) - Parent-Child Relationships (3.0 cr)
or [FSOS 5150](#) - Special Topics in Family Social Science (1.0 - 4.0 cr)
or [FSOS 5701](#) - Prevention Science: Principles and Practices (3.0 cr)

Advanced/Applied Skill Course

Students must take [FSOS 4294](#) or [FSOS 4296](#) or [FSOS 4193](#) (for Honors students) for 4 credits.



Take 4 or more credit(s) from the following:

- [FSOS 4294](#) - Research Internship (1.0 - 4.0 cr)
- [FSOS 4296](#) - Field Study: Working With Families (1.0 - 12.0 cr)
- [FSOS 4193](#) - Directed Capstone Project (1.0 - 4.0 cr)